



> [Skiing Ability Chart](#)

> [Snowboarding Ability Chart](#)

Ski and Snowboard Lessons

Looking to fast track your skills on the mountain? The quickest way to do so is with a private ski or snowboard lesson. Our trusted ski school partners also offer group lessons which are equally as valuable and are offered at a more affordable price point.

1. MnK Ski School

MnK Ski School offer private lessons tailored to each guests’ individual needs and learning goals. You can request your lesson to start in Hirafu or Annupuri however if you are unsure where you would like your lesson to take place, you can leave this up to our instructors. Our knowledgeable team of instructors will make this decision based on ability, learning aspirations, weather and crowds to make sure you get the most out of every minute on the hill. We can also take our intermediate guests over to Hanazono and Niseko Village. All of our lessons include a pick up and drop off to your accommodation with full day, morning or afternoon sessions available with up to 5 people per lesson.

Private Lesson Prices

Lesson Program	Price	Lesson Start Time	Duration	Pick Up Time	Discipline	Max. Group Size	Location
Half Day (AM)	¥30,000	9:30am	2.5 hours	9:15am	Ski OR Snowboard	5 people	Annupuri/ Grand Hirafu
Half Day (PM)	¥28,000	1:00pm	2.5 hours	12:45pm			
Full Day	¥60,000	9:00am	7 hours (includes 1 hour break)	8:45am			

2. Niseko Black

Private Lesson Prices

Lesson Program	Price			Lesson Start Time	Duration	Pick Up Service	Discipline	Max. Group Size	Lesson Location
	XMAS*	CNY*	Off Peak						
Half Day (AM)	¥50,000	¥45,000	¥40,000	9:30am	3 hours	Yes	Ski OR Snowboard	4 people	Grand HIRAFU or Annupuri
Half Day (PM)	¥45,000	¥37,000	¥35,000	1:00pm, 1:30pm or 2:00pm	3 hours				
Premium Private	¥60,000	¥55,000	¥50,000	8:30am, 1:00pm or 1:30pm	4 hours				
Full Day Niseko United	¥80,000	¥70,000	¥65,000	8:30am, 9:00am, 9:30am or 10:00am	7 hours (includes 1 hour break)				
Full Day Kiroro or Rusutsu	¥90,000	¥80,000	¥75,000	8:30am^, 9:00am or 9:30am	7 hours (includes 1 hour break)				Kiroro or Rusutsu
Night Lesson	¥30,000	¥25,000	¥25,000	From 5:00pm	2 hours				Grand HIRAFU or Annupuri

* XMAS: Period between 16 December 2019 – 5 January 2020

* CNY: Period between 22 January 2020 – 2 February 2020

^ 8:30am start available at Kiroro only

3. Niseko International Snowsports School (NISS)

Lesson Program	Age	Price					Meeting Point/Time	Discipline
		1 Day	2 Days	3 Days	4 Days	5 Days		
Tic Tac Program	3-6 years	¥18,000	¥34,000	¥48,000	¥62,000	¥74,000	NISS Hanazono 9:45am	Ski Only
Tic Tac Program [Peak Time*]		¥19,800	¥37,400	¥52,800	¥68,200	¥81,400		
Yuki Program	7-14 years	¥18,000	¥34,000	¥48,000	¥62,000	¥74,000	NISS Hirafu 9:15am	Ski OR Snowboard
Yuki Program [Peak Time*]		¥19,800	¥37,400	¥52,800	¥68,200	¥81,400		
Adult Half Day Program	15+ years	¥16,000	¥30,000	¥42,000	¥54,000	¥64,000	NISS Hanazono 9:55am	
Adult Half Day Program [Peak Time*]		¥17,600	¥33,000	¥46,200	¥59,400	¥70,400		
Adult Full Day Program	15+ years	¥18,000	¥34,000	¥48,000	¥62,000	¥74,000	NISS Hanazono 9:55am	
Adult Full Day Program [Peak Time*]		¥19,800	¥37,400	¥52,800	¥68,200	¥81,400		

Lesson Program	Age	Price			Ability Level	Meeting Point/Time	Discipline
		1 Day	2 Days	3 Days			
NISS Packages: Not available from 15 December 2019 – 4 January 2020 and 19 January 2020 – 1 February 2020							
Tic Tac Beginners Package [10:00am - 3:30pm] Δ	3-6 years	¥20,000	¥40,000	¥60,000	Level 1 First Timer Only	NISS Hanazono 9:45am	Ski Only
Yuki Beginners Package [10:00am - 3:30pm] Δ	7-14 years	¥20,000	¥40,000	¥60,000		NISS Hirafu 9:15am	Ski OR Snowboard
Adult Beginners Package [10:00am - 3:30pm] Δ	15+ years	¥20,000	¥40,000	¥60,000		NISS Hanazono 9:55am	
Parents Program [10:00am - 12:30pm] **	N/A	¥8,000	¥16,000	¥24,000	Level 3, 4 and 5	NISS Hanazono 9:55am	

* Peak period 10% surcharge applies between 15 December 2019 – 4 January 2020 and 19 January 2020 – 1 February 2020. Please note the 15% early bird discount cannot be applied on these dates.

**Maximum 2 parents per child.

Δ Beginner program is only available for 3 days, once the 3rd day is completed you are expected to progress to the standard program.

Ability Levels for Skiing

Determine which ability level best describes your skiing style in order to get the most out of your next lesson.

Level		Ability	Terrain	Lesson Outline
First Timer	Level 1	I have never skied before	Flat terrain, magic carpet	In this level, your instructor will focus on getting you familiar with your equipment, learning how to move with equipment on and comfortable gliding on skis.
Beginner	Level 2	I have skied before, can make a snowplough turns and slight directional changes	Magic carpet, lower green runs	In this level, your instructor will focus on teaching how to stop on skis and basic directional turning.
	Level 3	I am able to link snowplough turns, and stop when I want to	All green runs	In this level, your instructor will focus on developing your parallel turn on beginner slopes.
Basic Intermediate	Level 4	I can mostly parallel ski on all green runs and easy red runs	Green and red runs	In this level, your instructor will focus on getting you confidently skiing parallel on all green and some red runs. Introduction to skiing variable terrain on bumps and powder.
Confident Intermediate	Level 5	I can parallel ski on all red runs, and I am starting to ski black runs	Red runs and some black runs	In this level, your instructor will focus on an introduction to pole planting technique to improve timing and turn shape.
Advanced	Level 6	I am confident on black runs and I am starting to ski off-piste	Black runs	In this level, your instructor will focus on actively identifying when short or long turn shape is most effective based on snow conditions and terrain comfortably.
	Level 7	I am confident with all terrain types	All mountain	In this level, your instructor will focus on strengthening and refining your technique to improve efficiency, performance and understanding in all turn types, on all terrain.

Ability Levels for Snowboarding

Determine which ability level best describes your snowboarding style in order to get the most out of your next lesson.

Level		Ability	Terrain	Lesson Outline
First Timer	Level 1	I have never snowboarded before	Flat terrain, magic carpet	In this level, your instructor will focus on getting you familiar with your equipment, learning how to move with equipment on and comfortable gliding. Learning how to skate.
Beginner	Level 2	I can heel-side and toe-side slip in a falling leaf	Green runs	In this level, your instructor will focus on learning how to balance and teach you the basic of controlling your board allowing you to ride faster and smoother.
	Level 3	I am able to make basic turns on toe-side and heel-side, but not linking	Green runs	In this level, your instructor will focus on learning on turn shape. Informing C and S shape turns.
Basic Intermediate	Level 4	I am consistently linking turns comfortably on all green runs and some red runs	Red runs	Focusing on turn shape, flexion and extension, making closed turns and well balanced making S shaped turns.
Confident Intermediate	Level 5	I am linking turns comfortably on all red runs and some black groomed runs. I am starting to experiment riding switch.	Red and black runs	Learning how to control your speed more efficiently and gaining confidence on the mountain.
Advanced	Level 6	I am comfortable riding variable terrain on red and black runs. I am able to ride switch, mogules, powder and in between trees.	Black runs	Learning how to ride switch, mogules, powder and trees. Making dynamic turns on variable terrain.
	Level 7	I am confident with all terrain types	All mountain	In this level, your instructor will focus on strengthening and refining your technique to improve efficiency, performance and understanding in all turn types, on all terrain.