Reading transforms your brain

- Expands empathy
- Develops critical thinking
- Heightens creativity
- Improves brain connections
- Improves focus
- Enhances vocabulary
- Increases white matter
- Builds content knowledge
GUIDE TO CLOSE READING

1. LIMIT DISTRACTIONS
2. TAKE YOUR TIME
3. MONOTASK
4. THINK ABOUT WHAT YOU READ
5. TAKE NOTES AS YOU READ
6. READ FOR AT LEAST 15-30 MIN. AT A TIME
7. DISCUSS WHAT YOU READ
THINK LIKE A SCIENTIST

- Correlation or causation?
- What questions weren't answered?
- Is the sample size valid?
- Is this research biased?
- Do the results support the conclusions?
- Other explanations for the results?

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How to Read Like a Historian

- What is the author's bias?
- Who is the audience?
- What is the author trying to tell the audience?
- What does the text tell me about the time period?
- How does this text relate to other evidence?