

Community Assistance

If you find yourself needing to file for **Unemployment** benefits, please follow the link below:

<https://www2.illinois.gov/ides/individuals/UnemploymentInsurance/Pages/default.aspx>

*Some things to note:

- Those with last names beginning with letters **A-M** will be asked to file their claims on Sundays, Tuesdays, or Thursdays.
- Those with last names beginning with letters **N-Z** will be asked to file their claims on Mondays, Wednesday, Fridays.
- Saturdays will be available for anyone to accommodate those who could not file during their allotted window.

If you cannot fill out the online application, you can call **800-244-5631**

*Some things to note:

- Those with last names beginning with letters **A-M** will be asked to call on Tuesdays and Thursdays between 7:30am – 6pm.
- Those with last names beginning with letters **N-Z** will be asked to call on Mondays and Wednesdays between 7:30am – 6pm.
- Fridays (7:30am – 6pm) will be available for anyone to accommodate those who could not file during their allotted window.

Important documents to have **before starting the Unemployment benefits application:**

- Your social security number
- Your Driver's License or State ID
- Your employment history from the past 18 months, including the name of employers, start date, last day of work, and number of days worked
- If you are claiming a dependent child or a dependent spouse, you will need to provide your dependents name, social security number and date of birth

For more direct information on Unemployment benefits due to COVID-19: please follow the links below:

<https://www2.illinois.gov/ides/Pages/COVID-19-and-Unemployment-Benefits.aspx>

<https://www2.illinois.gov/ides/IDES%20Forms%20and%20Publications/Covid19-FAQ-Claimant.pdf>

Community Assistance

United Way

United Way has a COVID-19 Community Economic Relief Fund. They will assist with rent, food and bills. The number is 1-866-211-9966. They will ask for the zip code and assist with agencies that will provide assistance.

Together We Cope

<https://togetherwecope.org> Local agency at 17010 Oak Park Ave, Tinley Park, IL 60477 Phone: 708-633-5040. Can provide food and some community services (financial, shelter, etc).

My Entry Point

myentrypoint.org or via phone at 877-426-6515. A caseworker will be assigned to each family and assess their needs to match them to appropriate resources including help with possible homelessness

General Mental Health Resources

<https://childmind.org> Child Mind Institute has a multitude of resources during the COVID crisis to help parents and students. They additionally have great articles on ADHD, Autism, anxiety, depression, etc.

[South Cook Resources for Families](#) a compiled list that offers resources on topics such as technology use, general academics as well as content specific academic assistance.

Food Pantries

USDA has a hotline operated by Hunger Free America that is available M-F between 7 a.m. and 10 p.m. at 1-866-3-HUNGRY or 1-877-8-HAMBRE (Spanish)

Together We Cope: 17010 Oak Park Ave, Tinley Park, IL 60477 Phone: 708-633-5040

Redeemer's Little Free Pantry: 4955 W. 158th Street Oak Forest 60452 Phone: (708) 687-2432

W.I.N.G.S Ministry: 15447 Troy Ave, Markham, IL 60428 Phone: (708) 596-5636

Operation Blessings of Southwest Chicago: 4901 W. 128th. PL., Alsip, IL 60803 Phone: (708) 597-6326

Community Assistance

Hospitals

Adolescent Behavioral Health Services 183 North York Road Elmhurst, IL (630) 941-4577

*partial hospitalization and intensive outpatient program

Alexian Brothers Behavioral Health Hospital Mental Health and Addiction Services 1650 Moon Lake Blvd. Hoffman Estates, IL 60169 800-432-5005

Christ Hospital 4440 W. 95th Street Oak Lawn, Illinois (708) 684-8000

Palos Community Hospital 12251 S. 80th Ave. Palos Heights, Illinois 60463 (708) 923-4000

Riveredge Hospital Services: behavioral health, child and adolescent 708-771-7000 ACCESS CENTER 8311 W. Roosevelt Road Forest Park, IL 60130 24 hour- 7 days a week crisis intervention 800-252-2540

Silver Cross Hospital 1900 Silver Cross Blvd. New Lenox, IL 60451 815-300-1100

Suicide Resources

Suicide Hopeline 1-800-784-2433 (1-800-suicide)

Chicago in-touch hotline 1-312-996-5535

Rush Youth Suicide Prevention Program (312) 563-2550 Services: free program for adolescents aged 13-17 who have attempted, threatened, or had suicidal thoughts within the last 3 weeks. Meet with families in the home 3-5 times and provide support, information to reduce risk.

Metropolitan Family Services <https://www.metrofamily.org/community-centers/southwest>

Crisis Text Line: Text HOME to 741741 for crisis counseling through text messages