

**SUE BURTON**

**Virtue a Lily, but Pennyroyal Being Practical**

—*Culpeper's Complete Herbal*, 1653

*Boiled and drank, provokes women's courses.*

Rundled, bitter purple herb.

Grows big by the wayside (run-by-the-ground,  
flee-away). Here in Suffolk trapped in gardens.

*With vinegar, abates the marks of blows about the eyes.*

*Helps the cold griefs of the joints.*

Carminative. Diaphoretic. Also called witch weed.

*Ought not to be taken if pregnant.*

Squaw mint, stinking balm.

Weeks of icy rain, hay moldering in the fields.

Oh, to be you, cousin, running wild all the way to London.