

Going above and beyond for your members.

SonderMind is not an aggregator. We invest in clinicians because we believe their growth is critical to the success of their patients. Our clinical strategy, ongoing support, and educational and professional development opportunities ensure your members get the most advanced care possible.



Cultivating individual relationships

At every step of their practice, we offer clinicians one-on-one communications, training, and support. All designed to improve the experience in delivering care, while establishing unique relationships with each provider.



Creating development and education opportunities

Clinicians can pursue specialty certifications and access educational opportunities. These, along with clinical engagement programs and consultation services, help clinicians expand their skill sets to be able to care for even more people and more specific cases.



Facilitating measurement-based care

SonderMind's clinical strategy is rooted in evidence-based care. Clinicians are able to leverage techniques that help them implement more personalized and effective treatment plans. This makes care more efficient, which means more access for those who really need it.

By working closely with our clinicians, we're ensuring your members receive:

Timely, evidence-based, and personalized mental health treatment plans

Access to both in-person and video telehealth sessions

Ongoing support, so they can take care of their whole health

Hear from real clinicians in our network:

"They care about the services that are being provided to clients and families, that means looking at some of the systems and doing something to help support therapists in certain areas."

- Delseta R, LMFT

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"With [SonderMind's] model, I am able to focus on the part of the practice I care about the most."

- Adam K., LCSW, LICSW

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"[SonderMind] helps therapists give the best care they can give. It also let's me live my life, and not just be confined to my job."

- Victoria R., MA, LPC

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