

Rehabilitation Services



SALEM REGIONAL MEDICAL CENTER

Salem Regional Medical Center's Rehabilitation Services offers a wide range of therapies to help our patients improve their function, independence and quality of life following an illness, injury or surgery. Our services include:

Physical Therapy

Our team works with patients to restore mobility, resume daily activities and reduce pain due to:

- Arthritis
- Balance/gait disorders
- Bursitis
- Joint replacements, including knees, hips, shoulders and ankles
- Muscle strains and sprains
- Neurological conditions
- Orthopaedic surgeries such as rotator cuff repair, knee and hip arthroscopy, cervical and back spine surgery, and ankle surgery
- Parkinson's disease
- Stroke
- Tendonitis
- Work-related injuries (Workers' Compensation/work conditioning)



Occupational Therapy

Occupational therapy assists patients with regaining skills for work or daily living, including those with:



- Neurological conditions
- Repetitive strain injuries such as tennis and golfer's elbow and finger/thumb pain
- Parkinson's disease
- Stroke
- Surgeries for elbow, finger and wrist injuries, including carpal tunnel syndrome

Other services include:

- Custom splint fabrication
- Functional Capacity Evaluations (FCE) for employment participation

Aquatics Program

Patients suffering from arthritis, chronic pain, physical deconditioning/loss of muscle strength, back pain and other health issues may benefit from individualized physical therapy treatments in our warm-water pool.

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SRMC Rehabilitation Services

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Speech Therapy

Our speech therapy program aids patients with speech or swallowing difficulties resulting from conditions, such as:

- Parkinson's disease
- Speech, language and cognitive disorders
- Swallowing and voice disorders, including dysfluency (stuttering)



LSVT Treatments for Parkinson's Disease

Innovative outpatient rehabilitation programs featuring the proven **LSVT (Lee Silverman Voice Treatment) BIG and LOUD** therapies are available to help those with Parkinson's disease move and communicate more effectively:

- **LSVT BIG:** Therapies to help improve walking, arm and leg movements, speed, balance and flexibility
- **LSVT LOUD:** Specialized voice training exercises to help with loud, clear speech and swallowing

Location and Appointments

SRMC's Rehabilitation Services are located on the first floor of the **Salem Regional Professional Building** across the street from the hospital's main campus:

**2094 East State St.
Salem, OH 44460**

For more information or to schedule an appointment, call **330-332-7297**.

