



## SRMC Ostomy Support Group Meetings to Resume August 10

(SALEM, OHIO) – July 31, 2020—Salem Regional Medical Center’s Ostomy Support Group will resume meetings on Monday, August 10 for area residents who have an ostomy or are preparing for ostomy placement. The group will meet from 6 – 7 p.m. in SRMC’s Private Dining Room, located at the back of the cafeteria on the hospital’s ground floor.

Meetings were temporarily suspended in the spring due to the COVID-19 pandemic.

SRMC’s free Ostomy Support Group offers education, encouragement and emotional support for people with any type of ostomy, including those with permanent or temporary urostomies; ileostomies and colostomies. Meetings also address some of the common concerns faced by people with ostomies, such as skin care; pouching; activity and nutrition. Sessions are led by SRMC’s certified wound, ostomy and continence nurse, and there is no cost to participate.

### Enhanced Safety Precautions

SRMC is taking enhanced precautions to ensure the health and safety of staff and patients during their visit, and all those entering the facility will undergo a health screening upon arrival. Support group attendees should use SRMC’s Parking Garage entrance, and are asked to wear a mask and follow social distancing guidelines.

Pre-registration for the Ostomy Support Group meeting is requested. To register for the August 10 meeting or for questions, call Tashia Watkins, RN, BSN, CWOCN, at 330-332-7607.