



**-FOR IMMEDIATE RELEASE-  
SRMC Primary Care-Damascus to Host Flu Shot Clinic Nov. 1**

(SALEM, OHIO) – October 23, 2020 – A seasonal flu shot is one of the best ways to avoid getting the flu, and this year, getting vaccinated matters more than ever.

To assist area residents with receiving their flu vaccines, SRMC Primary Care-Damascus, 28885 State Route 62, is hosting a flu shot clinic from 10 a.m. – 1 p.m. Sunday, November 1. Pre-registration is required. Community members should call 330-446-4096 to pre-register for a flu shot, available to adults and children ages 6 months and older.

The Centers for Disease Control and Prevention recommends a flu vaccine for those over 6 months old. Vaccines offered at the Damascus clinic will include:

- Ages 6 months and up to 65 – Quadrivalent (4 flu virus strains)
- Ages 65 years and older – High-dose Quadrivalent (4 flu virus strains)

Participants should bring their ID and insurance card to the clinic. Cost of the standard vaccine is \$22; the high-dose vaccine for seniors ages 65 and over is \$52. Insurance will be billed by the clinic and private pay is also available.

**Benefits of the Flu Vaccine**

Because there is the possibility of being infected with both the flu and COVID-19, it is especially important to be vaccinated this year against the flu.

According to Steven Swain, M.D., FAAFP, a board certified family medicine physician affiliated with Salem Regional Medical Center’s medical staff and SRMC Primary Care, “Getting a yearly flu shot is one of the most effective ways to decrease your chance of becoming sick with the flu.”

“While there are many different types of the flu virus and the shot doesn't protect against all of them, it can still help to reduce the severity of your symptoms if you become infected. The flu can cause severe illness and may even lead to life-threatening complications – especially in children, adults age 65 and older, pregnant women and those with certain chronic health conditions.”

A service of Salem Regional Medical Center, SRMC Primary Care-Damascus is the practice location of family medicine physician Steven Swain, M.D., FAAFP, and Gabrielle Dickerhoof, MSN, APRN, CN-P. For more information, call 330-446-4096.