



FOR IMMEDIATE RELEASE

Salem Sleep Center Re-Opens

SALEM, OH (January 14, 2021) - Salem Regional Medical Center (SRMC) will reopen the Salem Sleep Center on Monday, January 18, to provide sleep medicine studies and treatment to area residents through a partnership with MedBridge Healthcare. SRMC chose to partner with MedBridge Healthcare as a leading national provider of sleep lab management services.

SRMC's Sleep Center will provide specialized diagnostic testing and sleep apnea screening for those experiencing sleep disorders, like sleep apnea, insomnia, restless leg syndrome, narcolepsy or snoring. Sleep disorders are conditions that affect a person's ability to fall or remain asleep, make it difficult to stay awake during the day, impact a healthy sleep schedule or result in unusual behaviors that disrupt sleep. About 70 million Americans suffer from some type of chronic sleep problem.

"The long-term effects of sleep disorders can put a person's overall physical health and mental abilities at risk," said Debbie Mesmer, R.T.(R)(CT), SRMC's Director of Medical Imaging/CPS/Sleep Center. "We are looking forward to reopening this important service, which can benefit the large number of people who are experiencing poor sleep quality."

Dr. Alan Cropp, Board Certified Sleep Specialist, will serve as the Salem Sleep Center's medical director and provide interpretation of the sleep studies and oversee the program's overall quality of care.

Those seeking testing or treatment at the Salem Sleep Center should be referred by their healthcare provider. For more information, contact the Salem Sleep Center at 866-327-3600. The Salem Sleep Center is located on the third floor of the SRMC Professional Services Building at 2094 East State Street in Salem, across the street from the hospital's main campus.



Salem Regional Medical Center (SRMC) will reopen the Salem Sleep Center on Monday, January 18, to provide sleep medicine studies and treatment to area residents through a partnership with MedBridge Healthcare. Pictured are Debbie Mesmer, R.T.(R)(CT), SRMC's Director of Medical Imaging/CPS/Sleep Center, and Keith Meredith, Pharm.D, SRMC's Chief Operating Officer.