



50th District Food Bank Locations

East County

San Diego Food Bank

- 9931 Channel Road, Lakeside, California 92040
 - Monday-Thursdays from 10:00 am to 12:00 pm
- Eligibility: to qualify for this program, your household must meet federal income guidelines determined by household size and household income.
<http://sandiegofoodbank.org/wp-content/uploads/2020/03/Emergency-Food-Assistance-Program-EFAP-Monday-March-30-to-Saturday-April-4.pdf>
- No appointment necessary
- Has some baby supplies

Lakeside Christian Helps Center

- 9931 Channel Road, Lakeside, CA 92040
 - Mon- Thurs: 10:00 AM -12:00 PM
 - Eligibility: Lakeside residents only. However, if your child attends a Lakeside school and you do not live in Lakeside, you are still eligible.
 - (619) 933-1309

Santee Food Bank

- 9715 Halberns Blvd., Santee, California
 - Wednesday, Friday - 9:00–11:00 a.m.
 - 1st and 3rd Saturday - 9:00–11:00 a.m.
- Qualifying low-income persons may receive 2-3 days of emergency food once per month, only santee residents are eligible and need ID.
- (619) 448-2096

Home Delivered Meals, East County Service Center

- Delivered
- 9931 Channel Road, Lakeside, California 92040
- <https://www.meals-on-wheels.org/>
- One time \$35 fee for delivery. Must be 60+ years of age or care for a person that is. Senior/Veteran eligible for a discounted price. Will also provide pet food if needed (cats/dogs)



Ramona Food & Clothes Closet Incorporated (in donation drop off area)

- 773 Main Street, Ramona, CA 92065
 - Tuesday - Thursday, 9:30 am – 2:00 pm (COVID-19 HOURS)
- Eligibility: to qualify for this program, your household must meet federal income guidelines determined by household size and household income.
<http://sandiegofoodbank.org/wp-content/uploads/2020/03/Emergency-Food-Assistance-Program-EFAP-Monday-March-30-to-Saturday-April-4.pdf>
- No appointment necessary

Feeding San Diego

- First Congregational Church of Ramona
404 8th St, Ramona, CA 92065
 - Every Friday at 1:30 pm
- There are NO REQUIREMENTS to accessing any of the Feeding San Diego food distributions!

Ramona Senior Center

- 434 Aqua Ln, Ramona, CA 92065 - Drive through and delivery available
- Eligibility: low-income seniors age 60 years and older. Must reside in participating zip codes (92065, 92070, 92036, 92059, 92060, 92066, 92082, and 92086). Must meet the income guidelines.
- (760) 789-0440

Ramona Elementary School

- 415 8th St, Ramona, CA 92065
 - Monday-Friday 11:00 am-12:30 pm
- Free breakfast/lunch meals are available for children 1-18
- <https://www.ramonausd.net/food-services-d500f71f-760-787-2007>
- No appointment necessary

Olive Peirce Middle School

- 1521 Hanson Ln, Ramona, CA 92065
 - Monday-Friday 11:00 am-12:30 pm
- Free breakfast/lunch meals are available for children 1-18
- <https://www.ramonausd.net/food-services-d500f71f-760-787-2007>
- No appointment necessary

Bethel Assembly of God

- 1929 Arnold Way Alpine, CA 91901
 - Wednesdays 9:00am-2:00pm
- Bring photo identification, Residents can self-refer but must call before receiving service
- (619) 445-5508

Senior Nutrition Program, Alpine

- 1830 Alpine Blvd, Alpine, CA 91901
 - Thursday 12-12:30
- Program created for 60+, but anyone can get a meal here
- <https://www.mtnhealth.org/community-center/senior-nutrition-program>
- 619-445-6200
- Call ahead to reserve frozen meals for pick up

Saint Joseph Pantry of Saint Kieran Church

- 1510 Greenfield Drive, El Cajon, CA 92021
 - Saturday: 10:00 - 11:30 AM
- Eligibility: residents of 92021, and/or parish member.
- Two forms of ID needed: Proof of Residency and Photo ID
- (619) 588-6881
- Walk-in for services

Crossroads Outreach Foundation

- 1527 East Main Street, El Cajon, CA 92020
- For now call in for address/time for food
- (619) 980-8994

Senior Nutrition Sites, El Cajon Corps

- Delivered
- Eligibility: 60 years or older. Used to have to be homebound for home delivery but now everyone can access
- (619) 440-2457 Ext. 413

El Cajon Seventh-Day Adventist Church

- 1630 East Madison Avenue, El Cajon, CA 92019
 - Tuesday: 3:00 - 5:00 PM
- ID requested
- Remain in car, bring own box if possible
- (619) 444-0763

Meridian Baptist Church

- 660 South 3rd Street, El Cajon, CA 92019
 - 2nd & 4th Thursday: 5:00PM
- Family Pantry, 12 years old or younger, numbers are passed out beginning at 3 PM
- (619) 444-3171

Meridian Baptist Church

- 660 South 3rd Street, El Cajon, CA 92019
 - 1st & 3rd Tuesday: 2:00-3:00PM
- Open to everyone
- (619) 444-3171

The Salvation Army El Cajon Corps

- 1011 E Main St, El Cajon, CA 92021
 - Tuesday & Friday: 1:00-4:00PM
 - Thursday: 2:00 - 6:00 PM "
- (619) 593-1077

Jamul Community Church

- 14866 Lyons Valley Road, Jamul, CA 91935
 - Thursday: 10:00 AM-3:30 PM
- Drive-through pre-bagged distribution
- (619) 669-7203

Mt. Manna | Food Pantry, Community United Methodist Church of Julian

- 2898 Highway 78 Julian, CA 92036
 - Saturday 9:00-10:30am
- Food for anyone

- <http://www.julianmethodistchurch.org/>
- No appointment necessary

Feeding San Diego Mobile Pantry Shelter Valley

- 7217 Great Southern Overland Trail, Julian, CA 92036
 - 2nd & 4th Wed: 12:00-1:00PM
 - No need to call first (no eligibility requirements)
- (858) 452-3663 ← # for Feeding America SD

Feeding San Diego Mobile Pantry Julian

- 1850 California 78, Julian, CA 92036
 - 2nd & 4th Wed: 9:30 -10:30AM
- No need to call first (no eligibility requirements)
- (858) 452-3663 ← # for Feeding America SD

Heaven's Windows

- 2820 Via Orange Way, Ste. W, Spring Valley, CA 91978
 - Tuesday to Friday: 9:00am -12:00pm
- (877) 595-6059

Feeding San Diego Mobile Pantry Guatay

- 27521 Old Highway 80, Guatay, CA 91931
 - 2nd & 4th Thurs: 10:00 - 11:00 AM
 - No need to call first (no eligibility requirements)
- (858) 452-3663 ← # for Feeding America SD

Descanso Library

- 9545 River Drive, Descanso, CA
- Wednesdays at 12:00 pm
- A program created for 60+, but anyone can get a meal here.
- <https://www.mtnhealth.org/community-center/senior-nutrition-program>
- 619-445-6200
- Call ahead to reserve frozen meals for pick up

Feeding San Diego Mobile Pantry Descanso

- 9545 River Drive, Descanso, CA 91916
 - 1st & 3rd Thurs: 9:00-10:00AM
- No need to call first (no eligibility requirements)

Pine Valley Community Clubhouse

- 28890 Old Hwy 80, Pine Valley, CA
 - Friday at 12:00 pm
- A program created for 60+, but anyone can get a meal here.
- <https://www.mtnhealth.org/community-center/senior-nutrition-program>
- 619-445-6200
- Call ahead to reserve frozen meals for pick up

North County

North County Food Bank

- 1445 Engineer Street, Suite #110, Vista, CA 92081
 - Monday-Friday 9:00 am - 12:00 pm & 1:00 pm - 3:00 pm
- Eligibility: to qualify for this program, your household must meet federal income guidelines determined by household size and household income.
<http://sandiegofoodbank.org/wp-content/uploads/2020/03/Emergency-Food-Assistance-Program-EFAP-Monday-March-30-to-Saturday-April-4.pdf>
- **Must schedule an appointment** at www.calendly.com/ncpantry

The Foundry Community Church

- 120 North Ash Street, Escondido, CA 92027
 - Tuesdays & Thursdays from 11:00 am - 1:00 pm
 - Wednesdays from 4:00 pm - 6:00 pm
- Eligibility: to qualify for this program, your household must meet federal income guidelines determined by household size and household income.
<http://sandiegofoodbank.org/wp-content/uploads/2020/03/Emergency-Food-Assistance-Program-EFAP-Monday-March-30-to-Saturday-April-4.pdf>
- No appointment necessary

COMPACT, Escondido Union School District, and Escondido Union High School District

- Mon-Fri from 11:00 am - 12:00 pm
- Around Escondido Schools (Escondido High School, Mission Middle School, Orange Glen High School, San Pasqual High School, Juniper Elementary, Central Elementary, Del Dios Middle School, Rock Springs Elementary)
- Students, 18 and under, must be present to receive sack lunches



- No cost!
- There will be no school lunch distribution on Friday, April 10th. Students will be able to pick up two days worth of lunches on April 9th.

Salvation Army Escondido

- 1301 Las Villas Way, Escondido, CA 92026
 - Monday-Friday 7:30am-2:00pm
- (760) 745-8616

Foundation Matthew 633, Inc.

- First Congressional Church
- 1800 N Broadway, Escondido, CA 92026
- (619) 2539951

Interfaith Community Services

- 550 West Washington Ave., Suite B, Escondido, CA 92025
 - Second and Fourth Tuesday/Friday of every Month
- (760) 489-6380
- Call for assistance

Escondido Community Child Development Center

- 819 W 9th Ave, Escondido, CA 92025
 - Monday-Friday 6:30am-5:30pm
- (760) 839-9361

Ruth Anointed World Ministries San Diego

- 777 W Felicita Ave., Escondido, CA 92025
 - Fridays, 12:00-1:00pm
 - Saturdays 10:00am-11:00am

Boys and Girls Club San Marcos

- 1 Positive Place, San Marcos, CA 92069
 - Monday - Friday: 3:00 PM
- Meals are available at no cost to youth 18 years or younger, or to anyone with a disability.
- No identification or paperwork is necessary. Meals are distributed on a first-come, first-serve basis.
- If parents or guardians pick up meals without children present, must provide the names of the children, or other type of verification information.

- (760) 471-2490

Feeding San Diego Mobile Pantry San Marcos

- 150 Valpreda Road
- San Marcos, CA 92069
 - 1st & 3rd Wed: 11:00AM-1:00PM
- No need to call first (no eligibility requirements)
- (858) 452-3663 ← # for Feeding America SD

Ruth Anointed World Ministries San Diego

- SM Location
 - Wed 11:30-12:30
- Also has baby needs

Fallbrook Food Pantry

- 140 N. Brandon Road, Fallbrook, CA
 - Monday-Friday from 8:30 am-12:30 pm
- Pick up only
- Everyone is treated as an "emergency" client, just need an ID to pick up.
- <https://www.fallbrookfoodpantry.org/>

Feeding San Diego Mobile Pantry Fallbrook

- 463 South Stage Coach Lane, Fallbrook, CA 92028
 - 1st & 3rd Tues: 9:00-10:00AM
- No need to call first (no eligibility requirements)
- (858) 452-3663 ← # for Feeding America SD

Community Food Connection Poway

- 14047 Twin Peaks Rd, Poway, CA 92064
 - Monday, Wednesday, Friday: 2:00pm-6:00pm
- Bring your own bag, no eligibility requirements.
- (858) 751-4613

Feeding San Diego Mobile Pantry Bonsall

- 4980 Sweetgrass Lane, Bonsall, CA 92003
 - 2nd & 4th Friday: 10:00-11:00AM
- No need to call first (no eligibility requirements)
- (858) 452-3663 ← # for Feeding America SD



Feeding San Diego Mobile Pantry Borrego Springs

- 611 Church Lane, Borrego Springs, CA 92004
 - 1st & 3rd Mon: 10:00-11:00AM
- No need to call first (no eligibility requirements)
- (858) 452-3663 ← # for Feeding America SD

Feeding San Diego Mobile Pantry Pauma

- 16650 California 76, Pauma, CA 92061
 - 1st & 3rd Tues: 12:00-1:00 PM
- No need to call first (no eligibility requirements)
- (858) 452-3663 ← # for Feeding America SD

Christ the King at Vallecitos Elementary School

- 5211 Fifth St., Rainbow, CA 92028
 - 3rd Friday 2:00 p.m. until the food is gone
- Families are encouraged to bring reusable bags or a cart with them to carry the food items.
- 1-866-350-FOOD (3663)

Temecula

Community Mission of Hope

- 41760 Rider Way Temecula, CA 92592
- Monday-Friday from 10:00 am to 12:30 pm

Circle of Care Ministries

- 26090 Ynez Road, Temecula, CA 92591
- Drive-by food distribution on Mondays, Tuesdays & Thursdays from 10:30 am to 12:30 pm
- (951) 973-3582

Feeding America - Riverside & San Bernardino Counties

- Distributing food to individuals in a drive-thru style on select days. Partners provide food at no cost. Please call before arriving to verify when and where food is distributed. Please call (951) 359-4757 for more information.

San Diego

Jewish Family Service

- Food mobile delivers nutritious, home-style meals.
- Eligibility: members of Meals on Wheels America and adults ages 60 and older.
- <https://www.jfssd.org/healthupdate/?fbclid=IwAR1gGVLM0z00byLE5eDomjH-n7SOxWEHjCUpqL9Kztidx-A55o4mzyofVRs>

Mama's Kitchen - Delivered Meals

- The Home Delivered Meal Program is designed for individuals that have been diagnosed with a critical illness and are unable to independently prepare their own meals. Please see the steps below to become a client. If you have any questions or require assistance, please do not hesitate to call Client Services at 619-233-6262
- Open Mon-Fri, 8:30am-6:00pm
- <https://www.mamaskitchen.org/gethelp/meals/>

Meals on Wheels

- Delivered
- Eligibility: 60+ years of age, caretakers of seniors 60+ years of age, disabled veterans of any age
- <https://www.meals-on-wheels.org/meals>