



**BOYS & GIRLS CLUBS  
OF SAN FRANCISCO**

BGCSF will continue to rely on the public health professionals in our city, state, and nation for guidance about the right precautions to take, and will determine from their guidance if we need to cancel volunteer activities at our Clubhouses to help prevent the spread of COVID-19. We are not, at this time considering these actions. However, based on the guidelines from the San Francisco Department of Public Health (SFDPH) and the Centers for Disease Control and Prevention (CDC), please note that we are recommending the following guidelines and instituting these precautionary measures for our volunteers:

**Guidelines:**

- Please do not volunteer if you are experiencing cold/flu symptoms or in general are feeling under the weather. ***We reserve the right to turn away volunteers who are showing signs of illness.***
- People 60 years old and older; and people with health conditions such as heart disease, lung disease, diabetes, kidney disease, and weakened immune systems should limit outings and attendance at large events.
- Anyone who has traveled to or through (airport layovers) any CDC Level 3 country (China, Italy, Iran, South Korea), in the last 14 days (from the date of departure from those countries), should not volunteer. ***For the safety of all youth and guests, we ask for your strict cooperation with this instruction.***
- No shaking hands. BGCSF has implemented a *no-handshaking* rule for the foreseeable future to prevent skin-to-skin contact. We also strongly suggest no hugging. Elbow bumps are an acceptable alternative.

**Precautionary Measures:**

- Upon arriving at the Clubhouse, all volunteers will be directed immediately to a bathroom where they will be required to wash their hands.
- Staff will be wiping down frequently-touched surfaces and objects with disinfectant.
- Hand sanitizer to be used when needed and available.
- Antibacterial hand soaps will be in our bathrooms
- Signs will be posted throughout the Club reminding guests of personal hygiene guidelines for guests, youth, and staff.

While you are volunteering with us, we require the following:

- Wash your hands upon arrival at the Clubhouse.
- Frequently wash your hands with soap and water (you are advised to wash for at least 20 seconds).
- Avoid touching your eyes, nose, and mouth.



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- Sneeze or cough into your elbow. If you have a tissue, sneeze into the tissue then throw it away and clean your hands.

While the evolving news about COVID-19 feels unsettling, BGCSF will continue to assess this situation closely and follow guidelines and mandates from local health officials to ensure the health and safety of our youth, families, staff and volunteers. We will provide updates as we know them.

Contact Volunteer Manager, [Carter Ashforth](#) at 415-445-5482 or [cashforth@kidsclub.org](mailto:cashforth@kidsclub.org) for more questions or concerns.