



Weekly Safety Meeting Training Plan Construction

Page 1 of 4

1st Quarter

January, February, March

Week 1: OSHA Focus Four || Caught In/Between Hazards

Week 2: Personal Protection || Eye Safety or Face Shields

Week 3: Health Hazards || Asbestos Awareness or Silica Dust

Week 4: Heavy Equipment || Forklifts

Week 5: Incidents || Caught-in

Week 6: Man Lifts || Aerial Lifts

Week 7: Site Safety || Confined Spaces or Lockout Tagout Awareness

Week 8: Ladder Safety || Extension Ladders

Week 9: Fall Protection || Floor Holes

Week 10: Electrical Safety || Extension Cords and GFCIs

Week 11: Excavation Safety || Work Around Underground Utilities

Week 12: Health Hazards || Back Injury Prevention

Week 13: Site Safety || Driving on the site



weeklysafety.com

Weekly Safety Meeting Training Plan Construction

Page 2 of 4

2nd Quarter

April, May, June

Week 14: OSHA Focus Four || Electrocution

Week 15: Personal Protection || Hearing Protection or Respiratory Protection

Week 16: Health Hazards || Carbon Monoxide

Week 17: Heavy Equipment || Excavators, Loaders, Graders

Week 18: Incidents || Eye Injury

Week 19: Site Safety || Fire Prevention

Week 20: Ladder Safety || Inspecting Ladders

Week 21: Site Safety || Poisonous Plants

Week 22: Health Hazards || Heat Stress

Week 23: Site Safety || Insects, Bites, and Stings (1/2)

Week 24: Site Safety || Insects, Bites, and Stings (2/2)

Week 25: Tool Safety || Electrical Tools or Pneumatic Tools

Week 26: Site Safety || Snake Safety and Awareness



weeklysafety.com

Weekly Safety Meeting Training Plan
Construction

Page 3 of 4

3rd Quarter

July, August, September

Week 27: OSHA Focus Four || Falls

Week 28: Personal Protection || Foot Protection

Week 29: Health Hazards || Stress or Hazard Communication Awareness

Week 30: Heavy Equipment || Trucks and Dump Trucks

Week 31: Incidents || Fall Injury

Week 32: Man Lifts || Scissor Lifts

Week 33: Tool Safety || Hand Tools or Welding/Cutting/Brazing

Week 34: Site Safety || Job Hazard Analysis (JHA)

Week 35: Excavation Safety || Specific Requirements

Week 36: Electrical Safety || Safe Work Practices

Week 37: Fall Protection || Fall Arrest Systems or Stairways

Week 38: Health Hazards || Seasonal Flu or Bloodborne Pathogens

Week 39: Ladder Safety || Step Ladders



Weekly Safety Meeting Training Plan Construction

Page 4 of 4

4th Quarter

October, November, December

Week 40: OSHA Focus Four || Struck-by Hazards

Week 41: Personal Protection || Hand Protection or Head Protection

Week 42: Health Hazards || Lead Safety

Week 43: Heavy Equipment || Crane Safety

Week 44: Incidents || Trench Cave-in

Week 45: Excavation Safety || Cave-in Protection

Week 46: Site Safety || Housekeeping

Week 47: Fall Protection || Guardrails or Scaffolding

Week 48: Site Safety || OSHA Visits

Week 49: Man Lifts || Bucket Trucks

Week 50: Site Safety || Work Zones or Emergency Action Plans

Week 51: Health Hazards || Cold Stress

Week 52: Site Safety || Signs and Barricades