



Weekly Safety Meeting Training Plan
General Industry

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1st Quarter

January, February, March

Week 1: Fall Protection || Stairways

Week 2: Personal Protection || Eye Safety or Face Shields

Week 3: Health Hazards || Asbestos Awareness

Week 4: Heavy Equipment || Forklifts

Week 5: Incidents || Caught-in

Week 6: Man Lifts || Aerial Lifts

Week 7: Site Safety || Lockout Tagout Awareness

Week 8: Ladder Safety || Extension Ladders

Week 9: Fall Protection || Floor Holes

Week 10: Electrical Safety || Extension Cords and GFCIs

Week 11: Heavy Equipment || Open Top Trash Compactors

Week 12: Health Hazards || Back Injury Prevention

Week 13: Site Safety || Machine Guarding Hazards



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2nd Quarter

April, May, June

Week 14: Ladder Safety || Fixed Ladders

Week 15: Personal Protection || Hearing Protection

Week 16: Health Hazards || Carbon Monoxide

Week 17: Heavy Equipment || Overhead Cranes

Week 18: Incidents || Eye Injury

Week 19: Site Safety || Fire Prevention

Week 20: Ladder Safety || Inspecting Ladders

Week 21: Fall Protection || Scaffolding

Week 22: Health Hazards || Heat Stress

Week 23: Site Safety || Slips, Trips & Falls

Week 24: Heavy Equipment || Pallet Jacks

Week 25: Tool Safety || Electrical Tools

Week 26: Health Hazards || Stress



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3rd Quarter

July, August, September

Week 27: Site Safety || Confined Spaces

Week 28: Personal Protection || Foot Protection

Week 29: Health Hazards || Hazard Communication Awareness

Week 30: Health Hazards || Silica Dust

Week 31: Incidents || Fall Injury

Week 32: Man Lifts || Scissor Lifts

Week 33: Tool Safety || Hand Tools

Week 34: Site Safety || Job Hazard Analysis (JHA)

Week 35: Personal Protection || Head Protection

Week 36: Electrical Safety || Safe Work Practices

Week 37: Tool Safety || Welding/Cutting/Brazing

Week 38: Health Hazards || Seasonal Flu

Week 39: Ladder Safety || Step Ladders



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4th Quarter

October, November, December

Week 40: Health Hazards || Bloodborne Pathogens

Week 41: Personal Protection || Hand Protection

Week 42: Health Hazards || Lead Safety

Week 43: Tool Safety || Pneumatic Tools

Week 44: Personal Protection || Respiratory Protection

Week 45: Health Hazards || Hazardous Materials

Week 46: Site Safety || Housekeeping

Week 47: Fall Protection || Guardrails

Week 48: Site Safety || OSHA Visits

Week 49: Man Lifts || Bucket Trucks

Week 50: Site Safety || Emergency Action Plans

Week 51: Health Hazards || Cold Stress

Week 52: Site Safety || Safety Signs and Tags