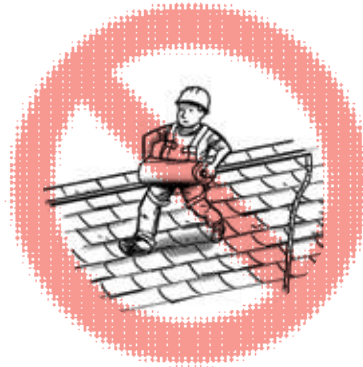
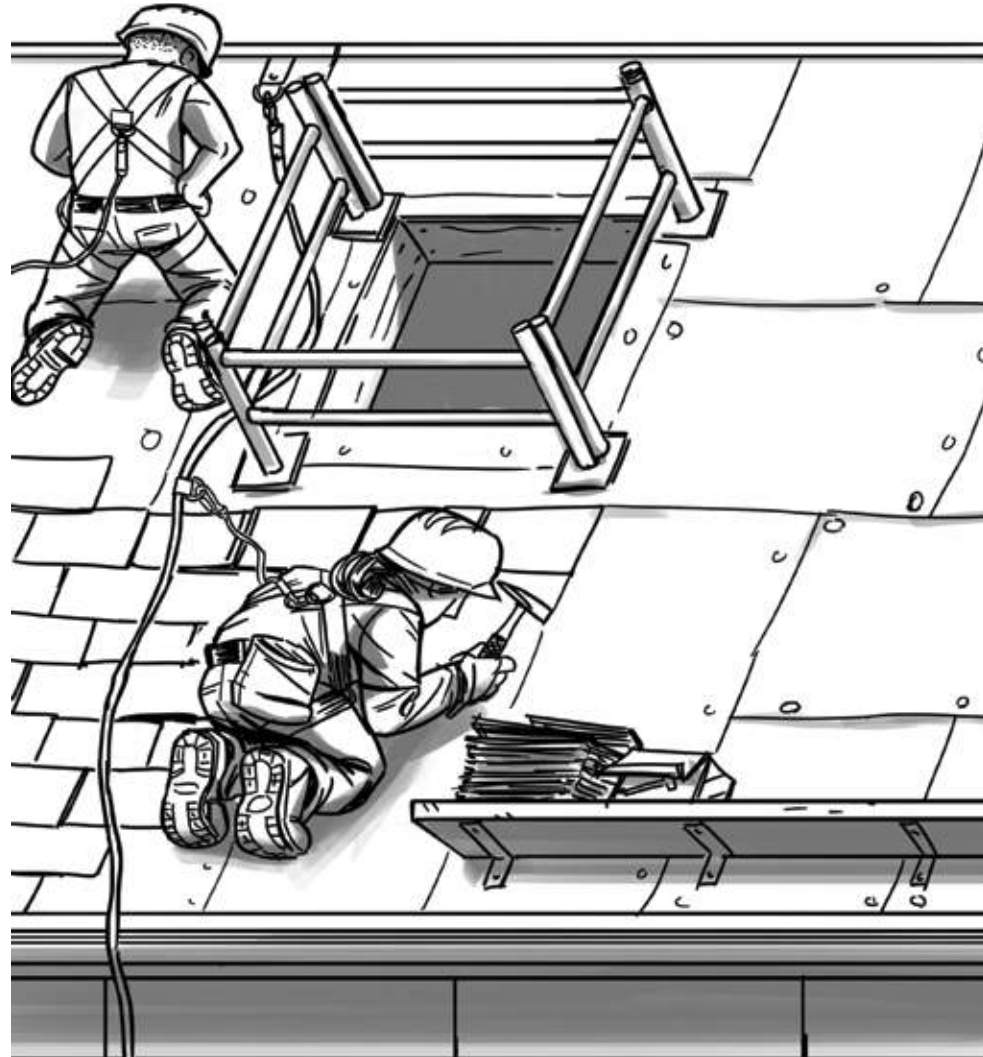


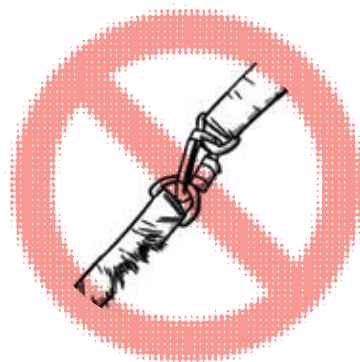
- ✓ Wear a harness and always stay connected
- ✓ Make sure your harness fits
- ✓ Use guardrails or lifelines
- ✓ Inspect all fall protection equipment before use
- ✓ Guard or cover all holes, openings, and skylights



DON'T
disconnect from
the lifeline



DON'T
work around unprotected
openings or skylights



DON'T
use defective equipment

PLAN ahead to get the job done safely.
PROVIDE the right roof equipment.
TRAIN everyone to use the equipment safely.



U.S. Department of Labor



Occupational
Safety and Health
Administration

1-800-321-OSHA (6742) • TTY 1-877-889-5627
www.osha.gov

NIOSH 2012-142 / OSHA 3533-04 2012

**I worked construction for 10 years
before my fall. It shattered my body
and my livelihood.**

Work safely. Use the right equipment.

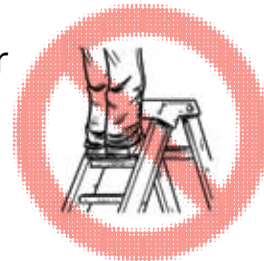


Safety Pays. Falls Cost.
www.osha.gov/stopfalls/

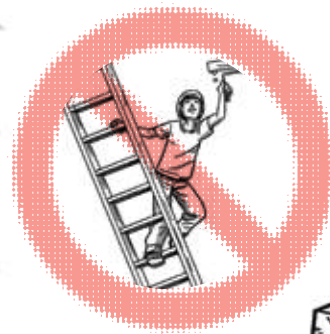
PLAN ahead to get the job done safely. **PROVIDE** the right equipment. **TRAIN** everyone to use the equipment safely.

FALLS FROM LADDERS CAN BE PREVENTED!

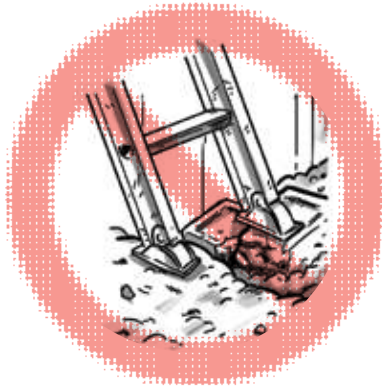
- ✓ Choose the right ladder for the job
- ✓ Maintain three points of contact
- ✓ Secure the ladder
- ✓ Always face the ladder



DON'T
stand on top or on the
top step of a stepladder



DON'T
overreach



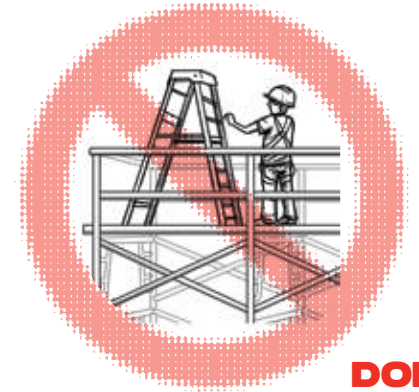
DON'T
place the ladder on
uneven footing



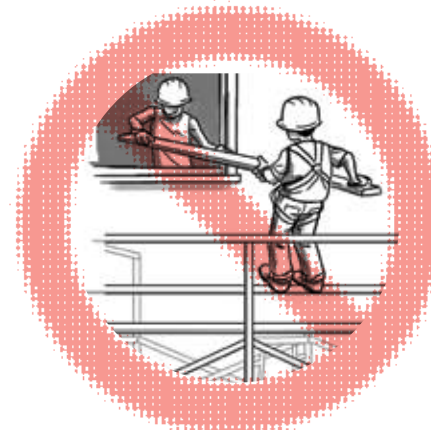
PLAN ahead to get the job done safely.
PROVIDE the right ladder and equipment.
TRAIN everyone to use the equipment safely.

FALLS FROM SCAFFOLDS CAN BE PREVENTED!

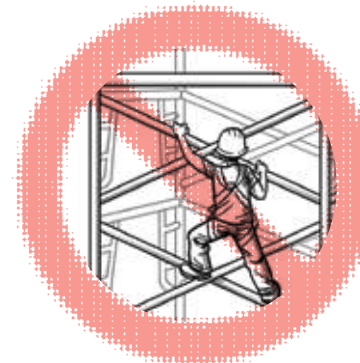
- ✓ Use fully planked scaffolds
- ✓ Ensure proper access to scaffold
- ✓ Plumb and level
- ✓ Complete ALL guardrails
- ✓ Ensure stable footing
- ✓ Inspect before use (by competent person)



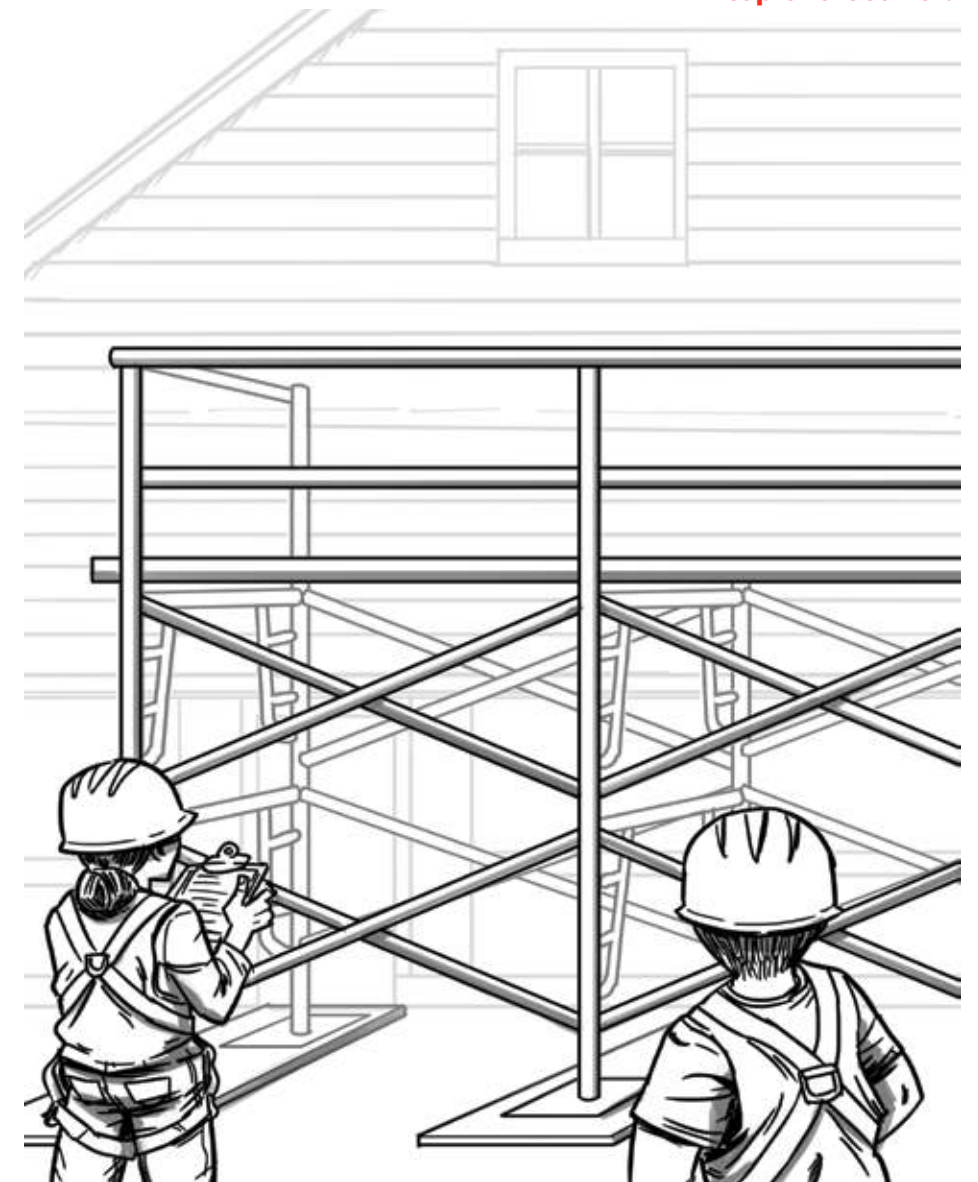
DON'T
use a ladder on
top of a scaffold



DON'T
stand on guardrails



DON'T
climb cross-braces



PLAN ahead to get the job done safely.
PROVIDE the right scaffold and equipment.
TRAIN everyone to use the equipment safely.