


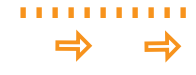
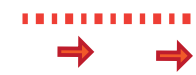






MAP KEY

- |   |                       |
|---|-----------------------|
|    | Swim                  |
|   | Intermediate          |
|    | Sprint                |
|    | Bike                  |
|   | Intermediate: 2 loops |
|   | Sprint: 1 loop        |
|  | Run                   |
|   | Intermediate          |
|  | Sprint                |
|  | Transition            |
|  | Transition            |
|  | Start                 |
|  | Finish                |