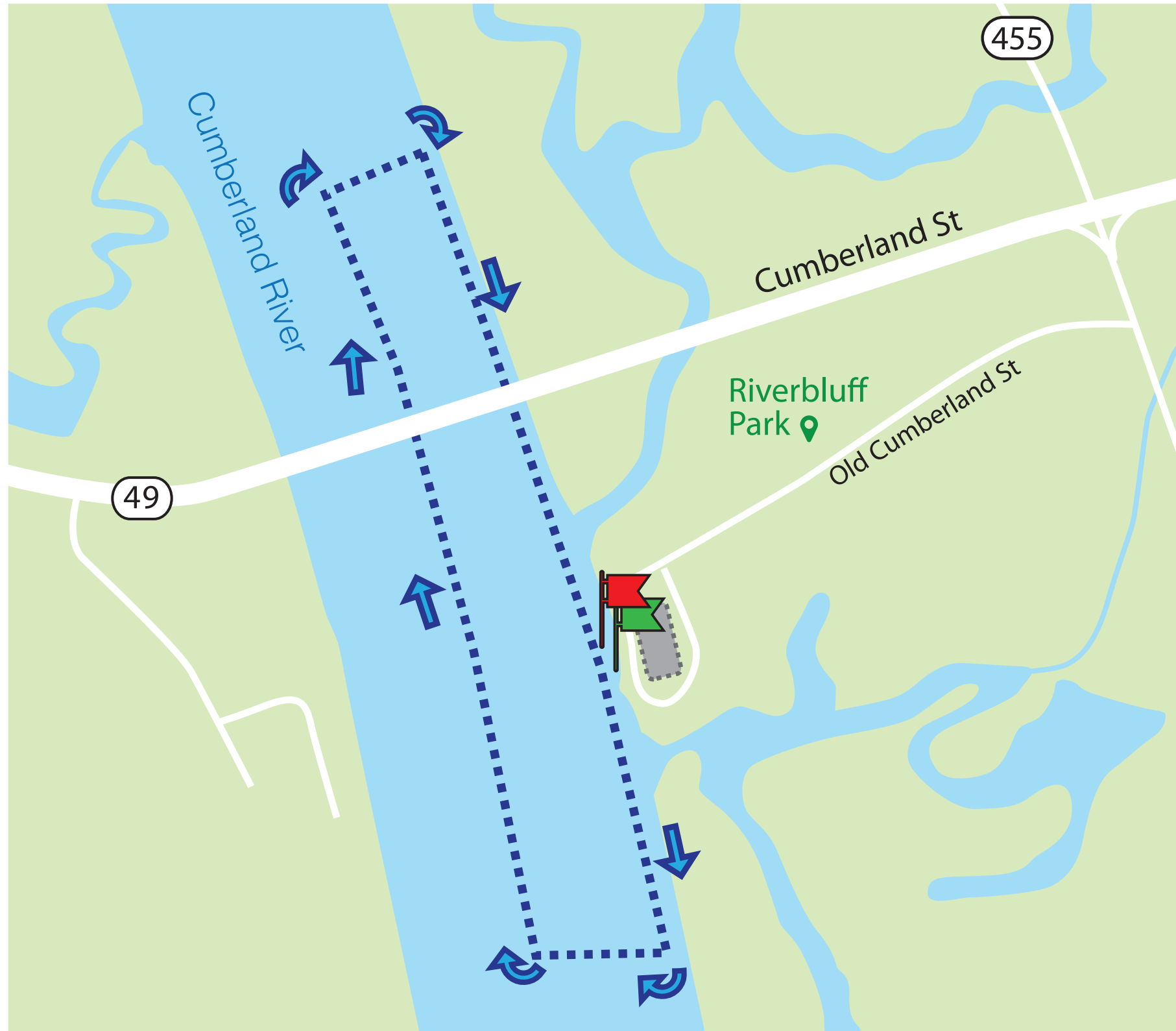




# HALF IRON SWIM COURSE MAP



**SWIM KEY**

- Half Iron  
1.2 miles
- Transition
- Start
- Finish

The swim will take place in the scenic Cumberland River, maximizing down stream and paths of least resistance. This section of the river has very little current so swim times will be fast.