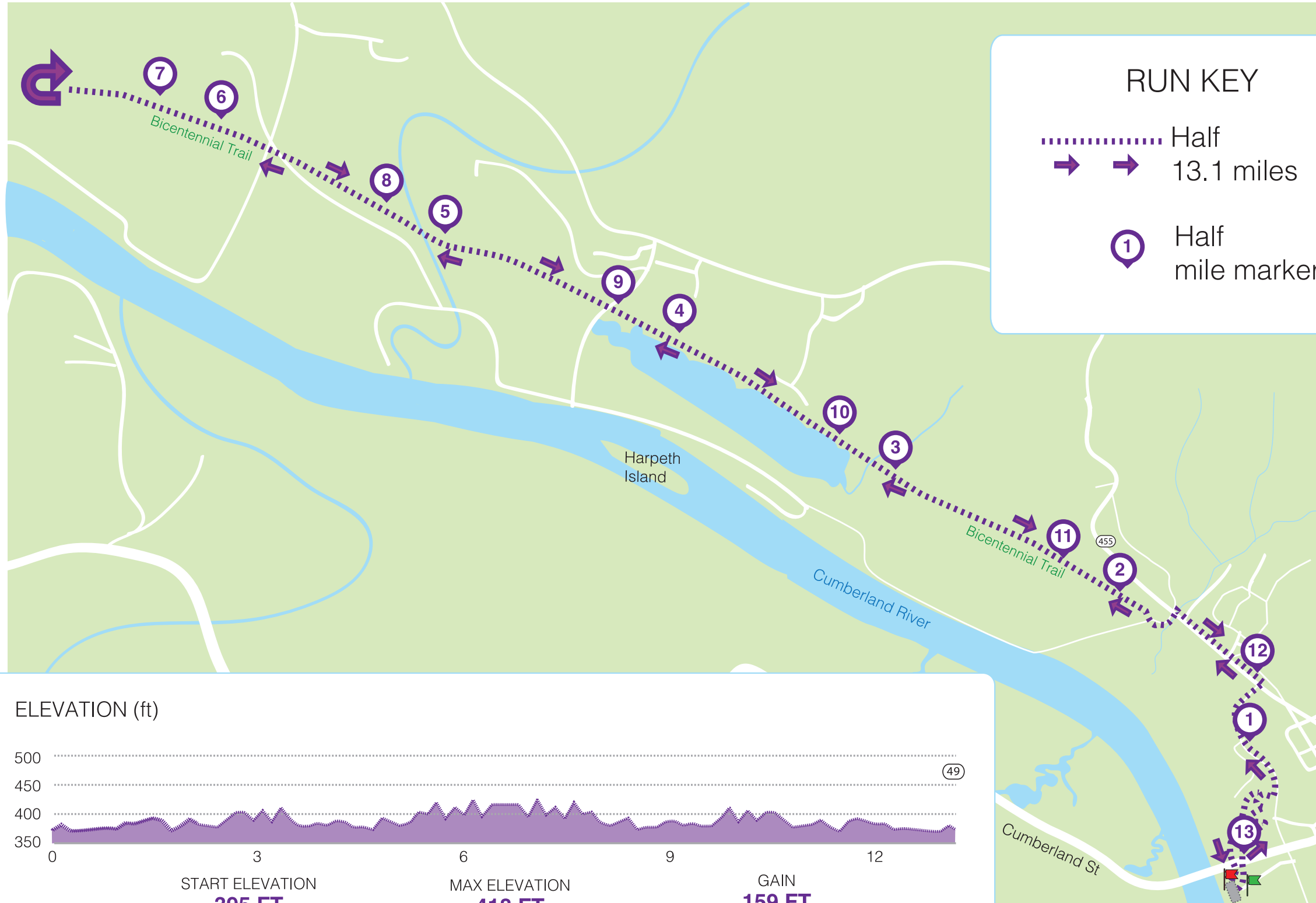




# HALF IRON RUN COURSE MAP



### RUN KEY

	Half 13.1 miles		Transition
	Half mile marker		Start
			Finish

The run takes you out to the Cumberland River Biccennial Trail where you'll be surrounded by the sounds of nature and color of wildflowers. The Biccennial Trail is flat and shaded, making it an ideal course for the run.

