

**2021**

**Opens  
Junior State Championships  
12 – 14 June**



Hosted by Narrabeen Junior Rugby Union Club

# **President's Welcome**

---

On behalf of Narrabeen Junior Rugby Union Club, I would like to warmly welcome all teams participating in the NSWJRU Under 16 Junior State Championships (JSC). At Narrabeen we are very proud of our history of hosting such events and hope you and your players enjoy a fun day of rugby. After the 2020 State Championship were cancelled due to COVID-19 we are thrilled to be able to run this event again and am looking forward to seeing some great Rugby.

## **To the Players**

Firstly, congratulations on making it into the Representative team for your district or zone. It is certainly an honour to be selected! This weekend is not only about developing your rugby game, it is also about enjoying the game, having fun with your mates and even meeting some new ones along the way. Play well and fair and in the right spirit of the game and savour the opportunity that you've been given.

## **To the Coaches, Managers and Officials**

Thank you for volunteering your time and knowledge to pass on to these young players. They will now be able to put into practice what you have been teaching them for weeks and possibly months, and it is important that you guide them during the tournament and lead by example – ensuring that your behaviour sets the standard for your whole team.

## **To the Parents and Supporters**

I'm sure you must be very proud of your son/daughter's selection to represent their district or zone. The hard work of getting them to all the extra training and sorting out all the gear is behind you and this weekend is a chance for you all to enjoy together and watch some great rugby. The JSC is not only a fantastic opportunity for them to play the game at a higher level but to also enjoy themselves and to even meet new friends and they will enjoy it even more with you supporting them.

I hope that your weekend here at Narrabeen is an enjoyable one. Thank you for your support and good luck to all teams!

**James Walmsley**

***President – Narrabeen Tigers Junior Rugby Club***

# Key Contacts

---

If you require any information or assistance before or during the event, please contact any of the following people and they will be more than willing to help.

**James Walmsley**

[pres.narrabeentigers@gmail.com](mailto:pres.narrabeentigers@gmail.com)

**0434 145 020**

**James McClure**

**Lisa Clark**

**0421350967**

**0456940077**

# Emergency Contacts

---

## **Mona Vale Hospital – Urgent Care Unit**

Coronation Street, Mona Vale

Phone: 9998 6399

## **Northern Beaches Hospital**

105 Frenchs Forest Rd W, Frenchs Forest

Phone: 9105 5000

## **Gateway Medical Centre**

Level 2, 1 Mona Vale Road, Mona Vale

Phone: 9998 3400

Saturday 7:00am to 8:00pm

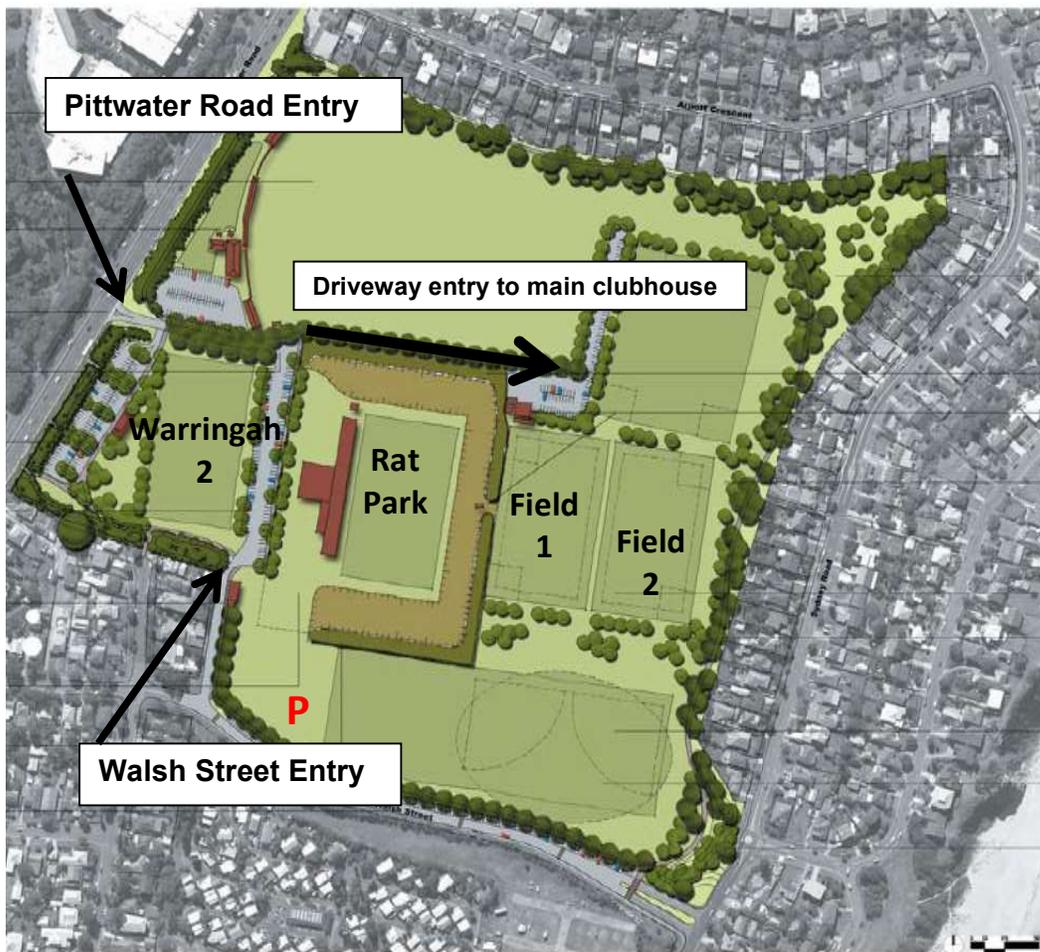
Sunday 8.00 am to 6.00 pm

Monday 8.00 am to 6.00 pm

# Location and Access

Please refer to the map below to see where Narrabeen Rugby Club is located. During the JSC the Opens games will be played **on the front field of North Narrabeen Reserve/Pittwater Rugby Park (referred to as Warringah 2 in the Draw)**. Some games may be allocated to Rat Park (main field)

Access to the fields is via Pittwater Road or Walsh Street, North Narrabeen from **7:00am**. There is parking around the back near the fields and there is a larger carpark via Walsh Street, as marked on map. **Parking in Walsh Street Carpark will be \$5 per vehicle for the day. Parking in this carpark should be easiest option.** As the U16s is also taking place at this venue and Fields 3 and 4 out the back, street parking will be limited.



# **COVID-19 Safety**

---

Our aim at Narrabeen is to have a safe and enjoyable State Championships. To assist this in happening all participants are reminded that:

- They are not to attend if they are unwell or displaying cold or flu symptoms
- They are not to attend if they have been in contact in the last 14 days with a known Covid case or have been asked to self-isolate.
- They should maintain 1.5 metre social distancing, where possible.
- Hand sanitiser and soap will be available, and all are encouraged to use it.
- All attendees are to sign in with the QR Codes that will be available at each field and at the clubhouse.
- A Covid Safety Plan will be available for inspection in the canteen.

---

## **Set-up, Services and Facilities**

---

A map outlining where services and facilities are located follows, but please also read the information below and advise your team accordingly.

### **Team Area Set-up**

Teams are welcome to set-up their tents/gazebos etc. in the areas marked on the following map or they may wish to join their Under 16 teams around the back fields.

We ask that you kindly put all of your rubbish in the bins and/or bags provided during the day and leave your area clean and tidy when you go.

### **Food and Beverages**

There will be a canteen, BBQ and coffee vans operating throughout the weekend.

**PLEASE DO NOT!**

**Bring or consume alcohol in any of the areas being used for the JSC.  
Bring or operate BBQ's or any other cooking device**

**Toilets**

There will be two different toilet facilities for people to use, please also refer to the map for their locations.

- There are public toilets located in the Park & Ride station, near the field closest to Pittwater Road.
- There are also toilets located on the western side of the clubhouse.

**First Aid**

Qualified First Aid attendants will be available throughout the day and will be situated close to the field. They will have basic first aid supplies on hand and provide the following assistance:

- Treatment of minor injuries and other first-aid matters
- Initial assessment and stabilisation of more serious injuries before professional medical assistance is required
- Assessing players in accordance with the ARU Concussion Guidelines, including making the call on suitability for a player to continue playing. The First Aid Attendants decision in relation to a player continuing to play will be done in the best interest of the player, and as such, their decision is final.

Ambulance access to the ground is via gates close to the entry road and this is clearly marked. We request that spectators refrain from parking in the vehicle access point.

The canteen will also have bags of ice that can be used for the treatment of minor injuries.

# On the day...

---

## Sign-on

Prior to each team's first game they are required to sign-on at the Match-Day Officials Table (please refer to map) at least 30mins prior to their kick-off. Sign-on will begin at **8:30am** and teams playing in the first games will be given priority. Teams need to come to the sign-on table and form an orderly line. Players must be in numbered order as per the Player Nomination Form and must remove their headgear and mouthguards. Once a team has been signed on, they are to move away from the area. Team managers will also be given a game ball for each team and rubbish bags to use during the tournament. All players must be in the Matchday App (with photographs) and the managers must have the App opened on their phones at registration.

For any subsequent games a player who has not previously signed-on must do so, in person with their playing jersey and team official 30 minutes before their first match.

## Warm-up areas

Please take note of the warm-up areas on the attached map. Teams are permitted to warm-up in the field area across the driveway from the playing field. This area provides ample space for teams to spread out. Please be respectful to the other teams and mindful of the space and time needed for warm-up drills.

## Draw and game times

A copy of the draw will be sent to all districts and one will also be on display on the day, but please double-check your game times and locations. In accordance with NSWJRU rules, games will be as follows:

- **Pool games will be 15 minute halves.**
- **5 minute half-time**
- **Final will be 25 minute halves with 5 minute half-time**
- **No injury time (at the discretion of the referee)**
- **Games start and finish at the sound of the hooter!**

The whole day is run on a very strict timetable and as such, **teams must be ready to go onto the field and play at their allotted time**. Games will start on time and when the hooter sounds – so teams must be on the field ready to play.

Teams are also asked to quickly leave the playing area at the conclusion of their game and conduct any de-briefing away from the field.

### **Access to the fields – Players and Officials**

**Please ensure that only players, substitutes and officials enter the playing area of any field!**

### **Ground Marshalls**

All teams are required to supply a Ground Marshall (GM) to assist with game management. The Ground Marshall must report to the Match Day officials table prior to the match commencing and follow the protocol listed in JSC Competition Rule 17.

### **Spectators**

All spectators are to remain behind the fenced off area of the sidelines. Please ask your Ground Marshalls to ensure that these requirements are met throughout the day.

### **During games**

During games reserves and team officials must remain in the “team areas” provided. There will be a scorer/timekeeper table allocated and scores from games will be updated regularly throughout the day and be on display near the Match-Day Officials table.

### **Assistance & help**

Throughout the day there will be many officials from Narrabeen Rugby Club available to answer any questions you might have. Please keep an eye out for them or ask at either of the canteens.

### **Local Area...**

For family members or siblings coming along – there is a United Cinemas movie theatre on the other side of Pittwater Road that they may wish to go to during the day. There is also a local shopping centre called Warriewood Square on Jacksons Road, which is about a 5 min drive or 10 min walk away.

# North Narrabeen Reserve / Pittwater Rugby Park

Please note – there are not as many trees surrounding the fields as indicated in the diagram below, they are merely used by council for artistic purposes.

Warm-up areas = 

Team Set-Up Areas = 

Match-Day Officials table & Sign-on = 

