

## Children's Clothing List- Residential

The following items are essential:

- Clothing suitable for hot and cold/wet weather conditions
- 2 pairs of practical shoes/trainers
- A waterproof coat
- Warm pyjamas
- Plenty of socks and underwear (please pack spares)
- Small reusable drinks bottle
- Bedding is absolutely essential – a single duvet or sleeping bag and a pillow.
  
- **trainers for outdoors** (*old ones are best and they may be used for in-water activities*)
- **slippers for indoors (optional). No open toed shoes.**
- **4 pairs of old trousers or jogging bottoms or long shorts.** (*If bringing shorts they need to be longish as the harnesses come mid-thigh and will hurt if in contact with bare leg, NO JEANS or denim shorts*)
- **sufficient changes of underwear, socks etc. Please put in extra**
- **swim clothes for any water based activities (no bikinis)**
- **2 warm jumpers (we do evening activities too so children need to be warm)**
- **four t-shirts**
- **a good sized towel**
- **a wash-bag with soap, toothpaste, toothbrush, hairbrush, shampoo, conditioner, deodorant roll-on on etc.** (not sprays as they set off the fire alarms), **sanitary products if necessary**
- **sun hat and suntan lotion is essential.**
- **a disco outfit**
- **if your child uses an inhaler please put in a refill if you think one may be required and bring it in a small draw string bag for the children to carry**
- **Plastic bag for dirty / wet clothes**

There is a gift shop on site which we will visit however we suggest that the children only bring a maximum of £10 which they will need to have in a purse/wallet and will be their responsibility throughout the residential. No adult will be looking after any child's money over the course of the residential.

Absolutely **NO** technology is allowed and bags will be checked prior to leaving school. **No** sweets and snacks as all food is provided by Windmill Hill.

It is sensible to mark all clothing clearly with the owner's name or initials, the children will be responsible for keeping their room tidy and looking after their own belongings. All other items need to be securely packed in one suitcase or hold-all with a small rucksack if required. The emphasis for clothing should be "old and practical" rather than style, new clothes will get ruined.

Please take into account the weather conditions nearer the time as these are merely suggestions based on previous trips.