

Scope and Sequence

# Building Self-Advocacy

Transition Curriculum



# Building Self-Advocacy: Scope and Sequence

## Pre-Course Assessment

### Unit 1: Understanding Yourself

Course Introduction

Lesson 1: Special Education

Lesson 2: How and Why Did I Get Here?

Lesson 3: Understanding Your IEP

Lesson 4: Identifying and Evaluating Accommodations and Supports

*Connect to Home*: Reflecting on the Special Education Process

End of Unit Wrap-Up and Reflection

### Unit 2: Why Advocate?

Lesson 1: Rights and Responsibilities

Lesson 2: Transition and Post-Secondary Goals

Lesson 3: Self-Efficacy

Lesson 4: Building Self-Confidence

*Connect to Home*: Goal-Setting for Transition Success

End of Unit Wrap-Up and Reflection

### Unit 3: Soliciting Support

Lesson 1: Identifying Personal Supports

Lesson 2: Identifying Organizational Supports

Lesson 3: Asking for and Refusing Assistance

Lesson 4: Summative Assessment

*Connect to Home*: Identifying Resources for Transition Success

End of Unit Wrap-Up and Reflection

End of Course Wrap-Up and Reflection

**Objective:** By the end of this course, students will be able to identify their own strengths and needs and use that knowledge to build the skills that lead to self-advocacy.

**Outcome:** By the end of this course, students will be able to role-play ways to advocate for themselves and will gain the skills they need to be able to ask for or decline help.

**Goal:** Students will build self-awareness, self-determination, and communication skills.

**Time:** Students can work through the 12 lessons of this course at their own pace.

**Prerequisite:** It is suggested that students have completed the TAGG Assessment and ONEder Academy's *Identifying Personal Strengths* course.

#### Common Core State Standards

**(CCSS):** RI.9-10.7, SL.9-10.1, SL.9-10.2, W.9-10.10, R.9-10.4, L.9-10.4

#### Texas Essential Knowledge and Skills

**(TEKS):** 110.31.(b)(9), 110.31.(b)(1)(B) and (E), 110.31.(b)(24)-(26), 110.31.(b)(12), 110.31.(b)(13)

**Competencies:** Self-awareness, social awareness, communication skills, and self-determination

## Post-Course Assessment and Evaluation