

## Lesson 3: Character Strengths, Part 1

### CCSS

RI.9-10.4, RI.9-10.7, L.9-10.1, L.9-10.4,  
SL.9-10.1, SL.9-10.2

### TEKS

110.31.(b)(1)(A), 110.31.(b)(9),  
110.31.(b)(17), 110.31.(b)(1)(B) and (E),  
110.31.(b)(24)-(26), 110.31.(b)(12)

**Note to teacher:** This is the first of three lessons on character strengths.

### Objective

**What this lesson will achieve:** Students will learn about character strengths so that they can identify their own personal strengths.

### Goals

You'll know this lesson is successful if students can:

- Define the major groups of character strengths.
- Identify examples of a person showing each type of character strength.
- Analyze which character trait(s) are a strength for them and why.

### Key Ideas

- There are 24 character strengths that all people have. Some of these traits are strengths for us and some of them are needs.
- Understanding what the major character traits are can help us to identify what we are good at and where we still need support.
- No one is strong in every character strength, and we can always work to improve the character traits that we aren't as strong in.

### Vocabulary

Character strengths, courage, creativity, curiosity, honesty, knowledge, perseverance, wisdom

### Lesson 3 Steps:

1. **Pre-teach** lesson vocabulary by having students work independently, in pairs, or as a group, to complete the vocabulary activity in the Student Workbook.
2. **Build** background knowledge about character strengths by viewing the video in ONEder Academy.
3. **Review** the *Character Strengths Graphic Organizer* with students in the Student Workbook.
4. **Introduce** character strengths lesson content using the story activity content in ONEder Academy.
5. **Assess** students knowledge by using the Check for Understanding.
6. **Wrap Up** the lesson by having students review what they have learned and then introduce them to the next lesson.



### Differentiation Strategies

For struggling readers, encourage use of the **highlighted text** or **read aloud** function.

Review the *Character Strengths Graphic Organizer* with students using the **gradual release of responsibility instructional method**. Review a sample with students in Lesson 3, then, in Lesson 4, work on one together. Finally, in Lesson 5, give your students the freedom to work on the graphic organizer on their own.

After the first **Check for Understanding**, review each student's scores. Reteach any content students struggle with before progressing to the next part of the lesson.

### Lesson 3: Character Strengths, Part 1

In this lesson, you'll take a look at **character strengths**. These are things that people can be good at. There are many character strengths, but the ones we will be focusing on in this unit are:

Courage	Wisdom & Knowledge	Transcendence	Humanity	Temperance	Justice
Perseverance	Creativity	Gratitude	Kindness	Forgiveness	Teamwork
Honesty	Curiosity	Humor	Social intelligence	Self-regulation	Fairness

Before you get started, let's review the *Words You Need to Know* for this lesson! Read each of the words in the box out loud and put a check next to the ones that you already know. Then, use the glossary at the back of this book to find the definition for each word. Finally, write the word, its definition, and a sentence using the word, in the space provided below.

Words You Need to Know

<input type="radio"/> Character strengths	<input type="radio"/> Honesty
<input type="radio"/> Courage	<input type="radio"/> Knowledge
<input type="radio"/> Creativity	<input type="radio"/> Perseverance
<input type="radio"/> Curiosity	<input type="radio"/> Wisdom

<b>Word</b>	<b>Definition</b>
<b>Sentence</b>	

<b>Word</b>	<b>Definition</b>
<b>Sentence</b>	

## Lesson 3: Character Strengths, Part 1

Word	Definition
Sentence	

Word	Definition
Sentence	

Word	Definition
Sentence	

Word	Definition
Sentence	

Word	Definition
Sentence	

Word	Definition
Sentence	

## Lesson 3: Character Strengths, Part 1

### Character Strengths

Courage	Wisdom & Knowledge	Transcendence	Humanity	Temperance	Justice
Perseverance	Creativity	Gratitude	Kindness	Forgiveness	Teamwork
Honesty	Curiosity	Humor	Social intelligence	Self-regulation	Fairness

Character Strengths I'm Good At:	Character Strengths That Are Hard for Me: