

Lesson 2: Transition and Post-Secondary Goals

CCSS

RI.9-10.7

TEKS

110.31.(b)(9)

Objective

What this lesson will achieve: Students will be able to identify goals that will lead to transition success.

Goals

You'll know this lesson is successful if students can:

- Identify one to three SMART goals for transition success.

Key Ideas

- Goals can be short-term or long-term.
- Goals have to be SMART: Specific, Measurable, Attainable, Realistic, and Timely.
- Reaching your goals takes persistence.
- Being actively engaged in your transition meetings can help you set and meet goals.

Vocabulary

Attainable, post-secondary, transition services

Lesson 2 Steps:

1. **Pre-teach** lesson vocabulary by having students work independently, in pairs, or as a group, to complete the vocabulary activity in the Student Workbook.
2. **Introduce** the content on transition and post-secondary goals in ONEder Academy.
3. **Build background** using the *Transition Meeting* video in ONEder Academy. .
4. **Have** students complete the *IEP Transition Plan Meeting Planning* activity in the Student Workbook.
5. **In pairs**, have students complete the *SMART Goal Setting Activity* in the Student Workbook.
6. **Informally** assess students on SMART goals terminology using the formative assessment in ONEder Academy.
7. **Wrap Up** the lesson by having students review what they learned and then introduce them to the next lesson.



Differentiation Strategies

For English learners, encourage use of the **text translation** feature.

You may wish to take a **deeper dive** into goal-setting using the video and additional activities found in the *Additional Readings and Resources* section of the Teacher Guide.

Model the *SMART Goal Setting Activity* by completing it yourself using a **think aloud**.

Lesson 2: Transition and Post-Secondary Goals

In this lesson, you'll learn how to set **post-secondary goals** for **transition success**.

Before you get started, let's review the *Words You Need to Know* for this lesson! Read each of the words in the box out loud and put a check next to the ones that you already know. Then, use the glossary at the back of this book to find the definition for each word. Finally, write the word, its definition, and a sentence using the word, in the space provided below.

Words You Need to Know

- Attainable Transition services
 Post-secondary

Word	Definition
Sentence	

Word	Definition
Sentence	

Word	Definition
Sentence	

Lesson 2: Transition and Post-Secondary Goals

IEP Transition Plan Meeting Planning

Directions: Answer the following questions.

1. What are your strengths?

2. What are your interests?

3. What are your abilities?

4. What do you want to do after high school?

College Vocational or Technical training Work Other: _____

5. What kind of living arrangements do you want to have after high school?

Stay where I am Live alone Live with roommates Dorm living

Other: _____

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SMART Goal Setting Activity

Directions: Choose one short-term and one long-term goal and then complete the chart.

Is the Goal:	Short-Term Goal:	Long-Term Goal:
Specific?		
Measurable?		
Attainable?		
Relevant?		
Timely?		