



Letter from Our President: Stephanie Rupp

Ennui: That's a bonus point-worthy vocabulary word that's fun to say but the meaning isn't quite so fun. It describes a feeling of listlessness and dissatisfaction arising from a lack of occupation or excitement.

I'm pretty sure most of us can relate to that feeling on some level. Most of us can blend that with fear, frustration and any other unpleasant but very human emotions.

It's easy to feel alone these days, but the truth is that we are not alone. The incredible Club community is a clear example of that fact. Every day, people show up here who want to break up their days: to connect, to engage, to experience a change of scenery and simply put themselves in a position where something different will happen. We're all confronting our own sense of ennui but we're doing it together. That collective energy gives me, and all of us here, so much hope and optimism.

Even if you don't feel comfortable striking up a conversation with someone here, you can sit quietly with the knowledge that you are both part of the same community and you both chose to be part of something bigger. Annie Dillard famously said that how we spend our days is how we spend our lives, and by coming here you've chosen to spend your days in connection, culture and recreation over isolation and despair.

Keep choosing that. Keep showing up. We're here.

**Regular Hours of Operation** 

Resturant Wednesday - Saturday 11am - 8:00pm

Club Monday 6am-4pm

Tuesday - Thursday 6am-9pm

Friday-Saturday 6am-10pm

Sunday 8am-4pm

Holiday Hours of Operation

Christmas Eve & Christmas Day CLOSED

December 26th CLOSED

New Years Eve 6am-10pm

**New Years Day CLOSED** 

January 2nd CLOSED

#### Letter from our General Manager: Kelli McDonald

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It pales in comparison to the loss and stress of the overall pandemic, but one strange, small-but-noteworthy element of the last 18 months has been the phenomenon of the empty calendar. So many of us are used to filling our days with events, gatherings, and celebrations. There's a sense of isolation, monotony and perhaps even despair that comes with a blank calendar stretching on endlessly.

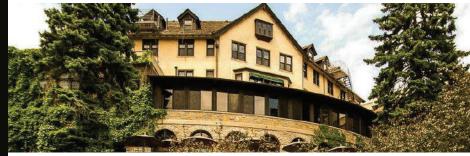
We're here to do something about that. Of course, all of these events are subject to change as we know we're still in the midst of this pandemic and safety is our absolute number one priority. However, we're feeling optimistic and hope that simply having something on the calendar helps in some small way.

A few things to look forward to:

·Dickens' Ball December 17th

· Santa Brunch on Sunday, December 12th

Of course, there are all the clubs within the Club. Please contact us for updated timing, details, and reservations on any of these events. Again, everything is subject to change but we sincerely hope we get to celebrate with you at these events, at more events, and simply by making a celebration out of every day. We're grateful for you.



## Dress Code

The University Club adheres to a smart casual

For Men-Suits Dress jeans paired with a blazer

Professional footwear

dress code.

For Woman-Suits Long dresses Dress jeans paried with a blazer Leggings worn with mid-thigh top or sweater



Commonwealth company

Contact us

President
Stephanie Rupp
srupp@cwcos.com

University Club General Manager Kelli McDonald membership@universityclubofstpaul.com

Event Planning/Catering Director Sarah Davis events@cwcos.com

University Club Front Desk (651) 222-1751 receptionists@universityclubofstpaul.com

Dress Code is enforced in the Fireside Room, Member Bar, and Ramsey Room. We enjoy the ability to provide a comfortable business space for our members.

## Welcome To Our New Members

Erin McCullough Elizabeth Medina Eduardo Medina Keneth Losso Deborah Mackay Christine Gahler Blake Darsow Molly Darsow Michael Forman Judy Rothenberg Ronald Pogue Theresa Kline **Ineke Conway** Patrick Conway Frances Fyten Ned Meeker Casey Jarchow Mike Overbo Stacey Fernstran Erik Fernstran Ashley Gunderson Mathew Kuskie Melissa Kuskie Scott Helgeson Christa Helgeson Richard Sand Rachel Sand Jonathan Smalley Grace Hartman Jennifer Gelhar Chris Carlisle Claire Elias Michael Cameron Jesse Guzman

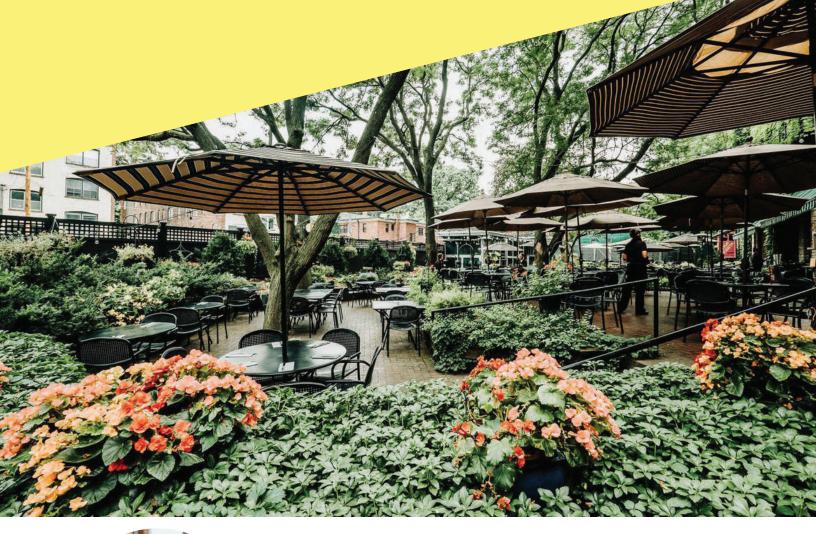
Amanda Williams Stephanie Hawkinson Patrick Opatz Marlo Cronouist Rachel Heiber Anna Kudak Brent Kudak Kate McCreight Paul McCreight Chad Welk Lindsey Miller Celeste Mazur Brenda Kowske Aaron Bowser Richard Hamilton **Emilie Hamilton** Steve Foltz Tina Licari Noah Lynn Jessica Holm Sara Severs Jonathan Lahti Susan Raatz Andrew Lesch Amanda Evans Schuyler Long Amanda Pranke Kathryn Knudson Mattew Kallok Lvnn Daleiden Melissa Gatten **David Saunders** Chad Fahning Frederick Johnson



Stephanie Johnson Jennifer Barret James Barret Sonja Mason Jonathan Mason Ann Baxter Solena Fleming Justine Fleming Patrick Crow Christina Crow Carmen Kirchhoff Derek Kirchhoff Colby Dixon Paul Dixon Sharon Councilman Laura Philipsen John Harrington Earl Ward Kimberly Jameson Benedict Hanrahan Ana Kakhodayan **Christine Watkins** Jerry Freels Ryan Morris Emma Johnson Sarah Schuler Lucius Nicholson Chas Anderson Alison Peterson Samantha Privratsky Amy Kotch Jon Kotch Gyuri Papp Solomon Leu

Bill Huebsch Mark Hakomaki Carol Engelhart Elizabeth Johnson Daniel Kragt Nicola Imbracsio Jason Pennington Ted Johnson Amy Johnson William LaPlante Elizabeth Cleveland Brent Urbach Jane Webster-Urbach Erik Ducker Julia Guthrie Thomas Payne Lori Payne John Marmar John Porten Nina Porten Jessica O'Brien Elijah O'Brien Charles Rich Margaret Rich John Gerhan Kim Long Lowell Anderson Kathleen Welte Mark Carolan Jennifer Nelson Nowlin Marit Peter Keane Fredric Groth Stephanie Groth





Meet the Team



Executive Chef of W.A Frost and Company & University Club of St. Paul

(think: Saturday Night Fever). Around the corner from my house was the best, biggest, most boisterous Italian restaurant, Gino's, where my family would eat about once a week. One of their best dishes was Polenta Grigliata con Sugo di Pomodoro, also known as Grilled Polenta with Tomato Sauce. It was special-- cheesy, charred, sweet and just the right amount of spicy.

The very first time I arrived in Argentina, a new friend invited me to an asado (an Argentine barbeque) at her family's house just outside the Buenos Aires. In addition to the meat, cheese and sauces being absolutely scrumptious, my new friend's Mom (whose parents immigrated from Italy) also prepared a polenta grillada con tuco, a.k.a. grilled polenta in tomato sauce. This particular polenta was a touch creamier, and the tomato sauce wasn't spicy at all, but it immediately transported me back to Gino's, back to Bay Ridge, and began to crystallize an idea that today is at the heart of my culinary endeavors: across the globe, but especially across the Americas, we share so much more than we realize. We share ingredients, recipes, and stories. We share inheritances, politics and post-colonial development. We share an interwoven history that too often threatens to divide us-when really it can be the great unifier. In celebrating these similarities, and the specific ways in which we are different-we move a little bit closer to each other, open our minds and hearts a touch wider, and strengthen the foundation of our bonds. -Peter Drinan

## The Clubs Within The Club

#### Great Books

Be a part of tradition and join the club that was formed in 1947. The mission is to promote reading, thinking and exchanging of ideas.

> Club Leader: Margaret King kingmuelken@q.com

#### Travel Club

Share about your jounreys, explore new possibilities on the last Wednesday of every month.

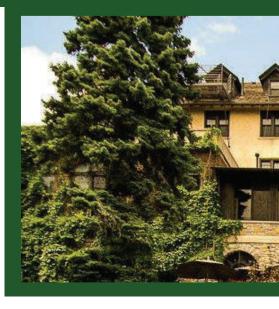
Club Leader: Sharron Pelham sharronpelham@gmail.com



### Gardening Club

Meet during the summer to maintain the plants around the club, meet in the spring to plant, meet in the fall to clean up and plan for the spring to come.

Club Leaders: Inez Bergquist and Judy Ferrell judyferrell@gmail.com



## Wine Tasting Club

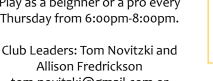
Have lot's of fun and laughter blind tasting a vairety of wines from old world wine growing regions every third Thursday of the month 6:00pm-8:00pm.

> Club Leader: Paul Olson dmolson27@gmail.com

### Tennis Club

Play as a beignner or a pro every Thursday from 6:00pm-8:00pm.

Allison Fredrickson tom.novitzki@gmail.com or alligunz@gmail.com



WWII Book Club

Read and discuss about books written from 1933-1945 on the second Thurs-

day of the month from 5:30pm-7:00pm.

Club Leader: Bill Mast

bmast@searchnational.org

#### **Cocktails and Conversation**

Make a choice in what to read. Everyone has a vote. Gather and discuss group selected books the first Tuesday of every month.

> Club Leader: Jean Ryan jean.k.ryan@gmail.com

#### Bridge Club

Join to learn, to play, and to socialize! All levels are always welcomed. Every Saturday 1:30pm - 4:00pm.

Club Leader: Stephen Rochford rocheford@lavendermagazine.com



#### **Investment Club**

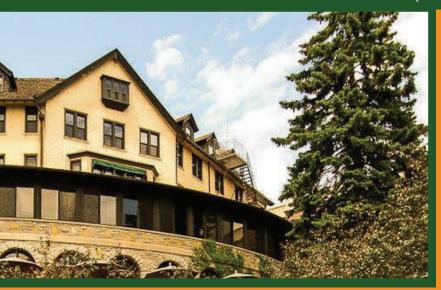
Discuss of invividual investments or the group investment profolio. Guest are welcome to participate in disccussions.

Club Leader: Harry Hohman harry@hohmanlawfirm.com

### U Fun and Games

## Win a \$25 Commonwealth Companies gift (gift card redeemable at all CWC properties)

The rules are simple: complete all the games correctly and get entered into a drawing! 3 winners total, 1 winner per membership. Winners announce at the end of December!



#### Words to find -

- 1. Poinsettia
- 2. Gezellig
- 3. Warmestwishes
- 4. Winterwonderland
- 5. Laughter
- 6. Ninguid
- 7. Pourboire
- 8. Mitten
- 9. Wreath
- 10. Holidayvacation

#### Holiday word search

 V M S N R L C C N A J W D N

 X L Q T X L A J I R C A N O

 N I N G U I D T B I E R A I

 P B I H W F T A H T F M L T

 Y U A P S E A T C P T E R A

 B S P Y S Y X L R W U S E C

 P C F N X Q I I I W M T D A

 C O I G E Z E L L I G W N V

 O O U K J W N R I U L I O Y

 P F N R R B E S X P E S W A

 A D Q E B T D V M W G H R D

 X O A K H O E B I I N E E I

 H Y U A E I U R T J B W N O

 A A A V G N T V E N L M I H

 L J L A Y G O T N K L V W X

## University Club Savenger Hunt

How well do you know the University Club of St.Paul? Name the room and item of the pictures below!



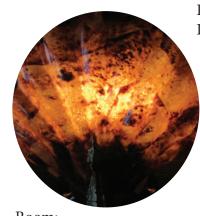
Room: Item:



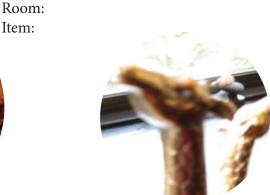
Room: Item:



Room: Item:



Room: Item:



Room: Item:



### Reciprocal Club Spotlight:

## Berkeley City Club

The Berkeley City Club is located in Berkeley, California.

Planning of the club started in 1927. Designed by artitect Julia Morgan and entirely financed by Berkeley woman; the building was construction in eleven months. The project was named "little castle" and started with the idea of being a center for woman's activities. The grand opening took place in November 1930 as Berkeley Woman's City Club and at the height of it's legacy- it had 4,000 female members. In 1963 the social club opened it's doors to men and woman and was renamed to Berkeley City Club. In the 1970's the club became a landmark and was added to the National Register of Historic Places. In 2012, Julia's Resturant at Berkeley City Club opened it's doors to the public. The club is equipted with a historic heated pool, a resturant, hotel and beautiful event spaces.

In times of travel when you find yourself away from The University Club of Saint Paul- we have partnered with other clubs to provided you with the comfort you deserve and love.

Check out the Berkeley City Club next time you are in or near the Berkeley, California area.

(Their website: https://www.berkeleycityclub.com/)

Send a Letter of Introduction request through our website or through email to get you set up for your next visit. For any question visit or call the front desk. (651) 222-1751.







#### Member Spotlight:



## Stephen Rocheford

University Club member Stephen Rocheford is a Minneapolis boy and alumi of The University of Saint
Thomas, Saint Paul MN. While attending university he studied history- so yes, ask him about history. Since then Stephen has taken his knowledge of history and has touched many people's hearts all over the world. Having been a Major in the military he continues his involvment as an advisor. Stephen is a man of action- so much so he saw a gap in the publishing world and set on filling it. Now founder, President and CEO of the Lavender Magazine; Stephen is making a national impact right here in Minnnesota. Born in the 1950's Stephen is a baby boomer. He was taught to read at the age of three, taught to work hard, taught to be inquisitive and was taught to treat everyone equally. Stephen Rocheford is a busy man with an amazing story that continues.

## UC: What prompted you to join the University Club of Saint Paul in 2015?

**Stephen:** I joined the University Club in 2015 because I wanted a venue in St Paul to conduct business, hold events, enjoy fine meals, drinks, and companionship. It is unbelievable as a social venue.

#### **UC: What are your favorite things to do here?**

**Stephen:** My favorite things to do are to eat, drink, and be merry here at the University Club- oh yes, and play bridge of course!

## UC: On the topic of bridge- When did you start playing bridge? Have you played bridge professionally?

**Stephen:** I started playing Bridge when I was in Junior HS and it just came to be that I loved the game. I have not played professionally, but in my next life, I would love to be a professional bridge player. I started the University Bridge Club about 6 years ago now as I recall. I love it every Saturday from 1:30-4:30PM.

## UC: Tell me a little about your military background and current invovlment.

**Stephen:** I was 18 when I became a cadet, and was commissioned a Second Lieutenant in Armored Cavalry (2LT) in June 1975. My highest rank was Major. I was also an Intelligence Officer and an officer seconded to the Nuclear Release Authentication System program in the Presidential chain of command for the release of nuclear weapons in Europe. Currently I advise the Army and Air Force on marketing to the gay community for recruiting. To date my efforts have been very successful.

## **LAYENDER**

Check out the Lavender Magazine at: https://lavendermagazine.com/

Join the University Club Bridge Club as well! Stephen can be reached at: rocheford@lavendermagazine.com

#### UC: How did you get into Publishing? How did the Lavender Magazine come to be?

**Stephen:** My current position is President and CEO of Lavender Media, Inc, the gay magazine for the Upper Midwest. The gay community is the largest minority in the entire State of Minnesota with 438,900 members (7.7% of the states population). I got into the business by a fluke when someone asked me a tax question. I started Lavender in June 1995 and to date we have published 691 Issues biweekly since then (26 x a year). Currently we have 262,299 readers each issue (every two weeks reaching 59.76% of the entire gay community in this state each issue) and have the highest income and education readership in the State of Minnesota of any publication.

#### **UC: How have you seen the magazine industry change?**

**Stephen:** All industries have changed since I started Lavender in 1995. Like life, one must adapt to change or perish. NOTHING stays the same

#### UC: What does a busy weekend look like for Stephen Rocheford?

**Stephen:** A busy weekend for Stephen Rocheford is always business related with events, parties, or friends, and of course, PLAYING BRIDGE!!!

#### UC: What might people be surprised to learn about you?

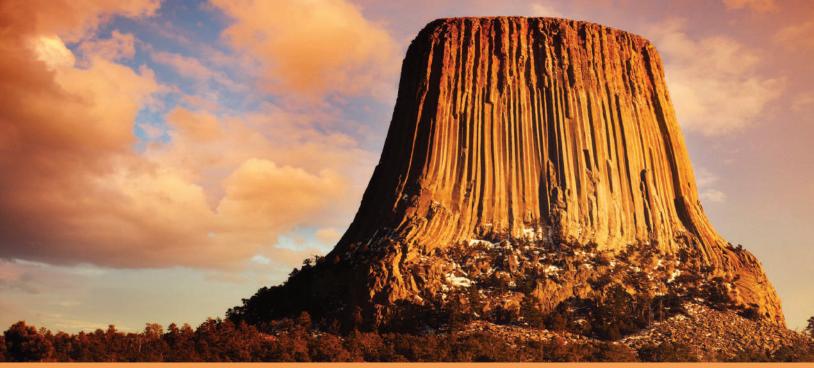
**Stephen:** If you know me you might say I am not surprising; if you do not know me, you can and share something about yourself. Then the conversation will begin and we, undoubtedly will learn about each other.

#### **UC: Where can people learn more about you?**

**Stephen:** You can learn more about me playing bridge, or having dinner at the club, or attending my monthly First Thursday events.

## UC: The staff at the Club knows you love Earl Gray Tea. We have to ask-why Earl Gray Tea?

**Stephen:** Why Earl Grey Tea????? Why Courvoisier???? Only the best ever!!!!!!!!!! No need to go further.



Destination:

## Wyoming

by Todd Walker

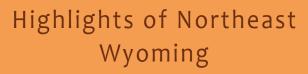
#### Northeast Wyoming

Recently I had the opportunity to Visit Northeast Wyoming. The majority of my time was spent in the area of Sheridan, a thriving & exciting town of approximately 17,000 people. Sheridan is located half way between Mount Rushmore and Yellowstone Park. The quaint town is hopping with great restaurants / bars and many activities for those interested in experiencing a sampling of all the West has to offer. With the Bighorn Mountains as the backyard of Sheridan, this region is a perfect location for outdoor enthusiasts. The Bighorn National Forest has 1500 miles of trails with stunning hiking options throughout the Bighorns, including the Tongue River Canyon. The region is also popular for fishing and a dream destination for fly fishing.

During my stay, I also ventured out to explore the towns of Buffalo, Gillette and the nation's First National Monument, Devil's Tower. Here are some of the highlights of my visit to Northeast Wyoming and activities you may want to add to your "To Do" list, should you choose to head west on your next get-a-way.







Todd about Town

#### Dine

Brinton Bistro - Brinton Museum - Big Horn, WY
LeDoux Saloon - Downtown Sheridan, WY
Black Tooth Brewing Company - Downtown Sheridan, WY
Wyoming Rib & Chop House - Downtown Sheridan, WY
Busy Bee Cafe - Diner - Buffalo WY
Prime Rib - Gillette, WY



Historic Occidental Hotel - Buffalo WY Historic Sheraton Inn - Sheridan, WY TA Guest Ranch - Buffalo, WY Paradise Guest Ranch - Buffalo, WY Eatons' Ranch - Wolf, WY



AX Throwing at Bighorn Mountain Axe - Sheridan, WY
The Mint Bar - Cowboy Bar - Downtown Sheridan, WY
King's Saddlery - Classic Historic Western Shop and Museum Downtown Sheridan, WY
Brinton Museum - Dedicated to the art of the West including
Native American artifacts- Big Horn, WY
Devils Tower National Monument - Devils Tower, WY
Hiking Tongue River Canyon / Bighorn Mountains - Dayton, WY











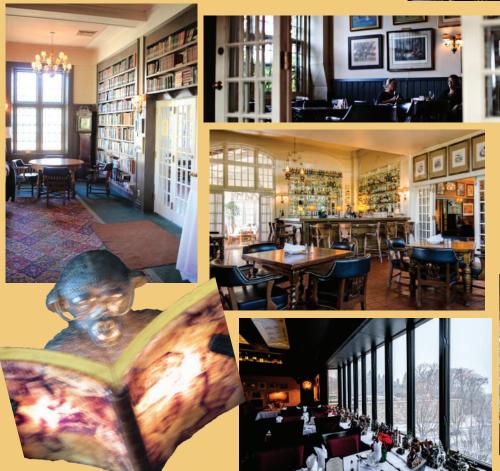


STEAK\*OUT

# Memory Lane





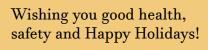
















#### Santa Brunch

When: December 12th 10am-1pm

Adults \$35 Childern \$18 Where: University Club

A holiday classic Join us for this family favorite tradition --One that the children certainly won't forget! Bring the whole family and enjoy delicious food, make-and-take crafts and pictures with Santa dressed in his Victorian finery. There's no better way to greet the holiday season, and no better setting than by our festive warm hearth.

Costumes, carols and cocktails abound in our beloved Victorian Christmas event. A beloved and extraordinarily popular University Club tradition, Dickens' London Christmas and Fezziwig Ball is truly the highlight of the Twin Cities holiday party season. This exclusive evening kicks off with hors d'oeuvres and champagne next door at the Griggs' mansion. Once you're fully in the holiday spirit after the reception, join us at the University Club for a lavish Christmas buffet feast along with live music. It's a night of holiday merriment, decadence, and an excuse to get all gussied up. And it's not to be missed.

Member Appreciation!
Every Friday
5-7pm
Enjoy happy hour with friends and new friends to become.
Free snacks and small plates available for purchase.

Don't miss out on joining a club within the club (page 5). Or if you're interested in starting your own club; email membership to get started. membership@universityclubofstpaul.com

