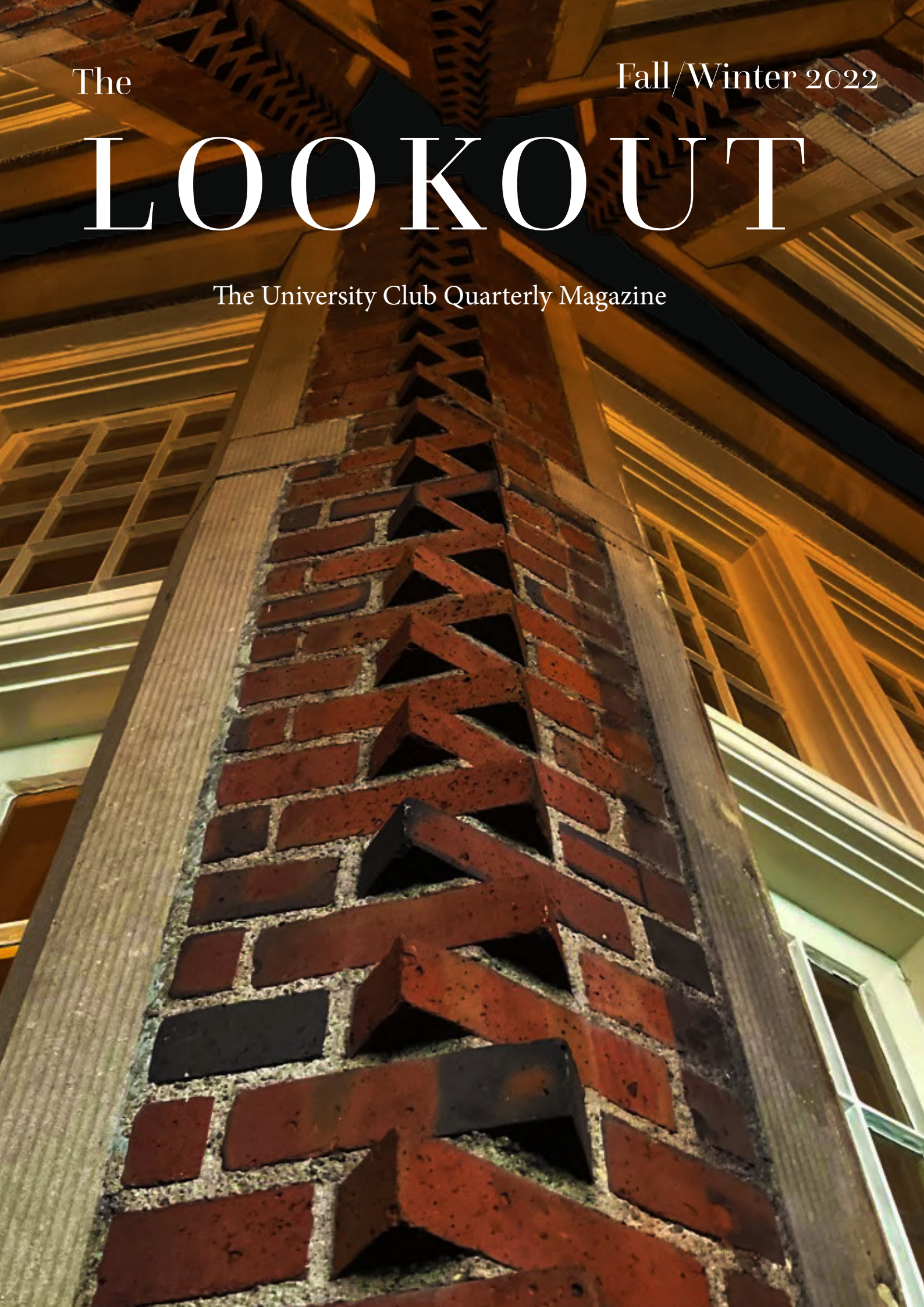


The

Fall/Winter 2022

LOOKOUT

The University Club Quarterly Magazine



LOOKOUT

Letter from Stephanie:

What happens when things don't go as planned?

A lot of people couldn't answer that question before a few years ago. Now, it's safe to say that all of us can.

Through the pandemic, we've all had a major lesson in pivoting and adapting. While no one would have asked to learn this lesson the way we did, we can leverage that knowledge. We might as well make something good out of it, right? And of course, even in a post-pandemic world, things will still occasionally not go as planned.

I'm speaking from personal experience. This summer was nothing like I planned. I was going to be in the Twin Cities, with a to-do list ten miles long. All the things that had been piling up that I couldn't do during the peak of the pandemic—I was going to do them this summer.

And then, for a variety of reasons, I ended up spending most of the summer working hard at our sister property Stout's Island Lodge.

The to-do list remains fully intact. I lost a lot of time that could have been spent on other things.

But I gained something, too. I spent the summer on a beautiful island that, for very good reason, is known as The Island of Happy Days. I'm up there several times every year, of course, but nothing like this year. And I don't know that I would have found the time to spend the whole summer there if work obligations didn't make it possible—and necessary.

I have a whole new appreciation for that stunning place and the people who work there and unwind there. Things move slower on the island. The weather matters more, and time matters less. It's magic there.

I'm back home, but I have indelible memories. It wasn't exactly what I planned on, but perhaps it was exactly what I needed.

Here's to getting more of what you need this season.

See you at the Club!



Club Hours

Monday
6am - 4pm

Tuesday
6am - 8pm

Wednesday
6am - 9pm

Thursday
6am - 9pm

Friday
6am - 9pm

Saturday
6am - 9pm

Sunday
8am - 4pm

Dining Hours

Monday
No Service

Tuesday
No Service

Wednesday
11am - 8pm

Thursday
11am - 8pm

Friday
11am - 8:30pm

Saturday
11am - 8:30pm

Sunday
Brunch on the
second Sunday
of the month.

Sunday Brunch

November 13th
December 11th (Santa Brunch)
January 8th
February 12th



Contact Us:

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RESILIENCE CONCERT SERIES

Fall/Winter/Spring 2022/23 - Season III

Sponsored by The University Club of St. Paul

Artistic Director: Clea Galhano

First Friday at 12pm

Summit Room

420 Summit Avenue, St. Paul, MN 55102

A free will offering will be collected for the performers

Please join us for lunch before or after at The University Club
(RESERVATIONS REQUIRED FOR DINING - DRESS CODE APPLIES)

Please call 651-222-1751 for reservations

Schedule and Performers

November 4th - Baroque Music

FLYING FORMS: Marc Levine, baroque violin; Tami Morse, harpsichord;
David Ross, traverso

December 2nd - Jazz Christmas and Sing Along

Laura Caviani, piano and Dave Milne, Saxophone

January 6th - Arias and Songs

Kiley Hazelton, soprano; Miles Herr, tenor; Mark Bilyeu, piano

February 3rd - American Songs

Maria Jette, soprano & Dan Chouinard, piano and accordion

March 3rd - Baroque Music

Jacques Ogg, harpsichord

April 7th - String Quartet

Mill City String Quartet: Huldah Niles & Erika Hoogeveen, violins;
Valerie Little, viola; Ruth Marshall, cello;
Guest Garret Ross, piano

May 5th - Jazz

Adam Wolff Perspective: Adam Wolff, piano; Brock Thorson, bass; Tim
Duroche, drum

Letter from Kelli McDonald



“The trees are about to show us how beautiful it is to let things go.”

That’s my favorite quote for this time of year. A fairly exhaustive Google search doesn’t definitively land on an original source, so I’d say that we can all claim it.

We’ve all been holding on to so much over the past few years—fear, isolation, anxiety, frustration, grief, impatience, loss...it’s a lot.

To me, this season is a chance to let some of that go. Not forget that it happened, of course, but acknowledge it and let it go. It’s like bestselling author and organizer Marie Kondo says about decluttering: if it doesn’t spark joy anymore, thank it for the purpose it served and let it go.

What isn’t serving you anymore? Perhaps fear is holding you back from pursuing the hobby you’ve always wanted. Maybe you’ve been isolated for so long that you’re intimidated by getting out and meeting new people, even though you want to. Maybe you keep meaning to commit to a fitness and wellness regimen but are letting something hold you back.

If you’re looking for a sign to let things go, here it is. Give yourself permission to put down the fear, the burden, the excuses—they’re too heavy to carry.

Need an extra push? Check out one (or many) of the upcoming events at the Club.

A few highlights:

- Brunch, now served the second Sunday of the month!
- Fitness classes that combine yoga and HIIT.
- Member Bar Happy Hours.
- Prime rib nights.
- Clubs within the Club.

There’s something for everyone here. Let go of what doesn’t serve you anymore, so you can pick up more of what matters.



The National Liberal Club London, England

Founded in 1882, the National Liberal Club built what was at the time of construction London’s largest purpose-built clubhouse.

Occupying a historic building overlooking the Thames, the National Liberal Club offers its members and guests an oasis of calm, comfort and elegance in the heart of Westminster.

Make your way up Europe’s largest unsupported marble staircase, spiralling towards an ornate stained-glass ceiling. When you reach the landing, you can turn left into the Club’s magnificent Dining Room, the perfect venue for a delicious lunch or dinner – complete with tall Corinthian pillars and impressive views through the huge windows towards the Thames.

The NLC has a reciprocal club agreement with the University Club of Saint Paul; Dining and their Reading room are offered to UCSP members. Send a letter of introduction request through our website at:
<https://www.universityclubofstpaul.com/membership/reciprocal-clubs>

Welcome to Our New Members

A

Steve Anderson
Deborah Aurianivar

B

Hiram Beardsley
Vanessa Beardsley
Solomon Beardsley
Joe Blauert
Amy Blauert
Bruce Batten
Maggie Batten
Wendy Berghorst

C

John Christenson
Carl Casale
Kim Casale
Tedd Cheney
Tomkin Coleman
Julie Coleman
Cornelius Crawford

D

Jessica Dettinger
Ava Dettinger
Matthew Devore
Ceara Dowell

E

Carrie Eagles
Kyle Eliason

F

Richard Fichtinger

G

Gino Gardner
Suzanne Gardner
Nicolle Goodman
Steve Green

H

Heather Hall
Patricia Hall
Jonathan Hatch
Xenia Hernandez

J

Deborah Janeczek
Anne Jones
Maurice Jones

K

Alyssa Keil
Amanda Kessel
Sean Kessel

L

Ingrid Lindberg
Zachary LeClaire
Brenna Loufek

M

Neil Manthe
Melissa Manthe
Nicole Milligan
Alan Milligan
Peter Malmstrom
Christine Magnuson
Gerard Marks
Doug Mackaman
Erica McLean

N

Todd Nicholson

O

Maggie O'Hara
Marguita Oleson
Luis Ottley

P

Phillip Paulson

QRS

Jasone Sands
Cole Scattarelli
Kate Scattarelli
April Smasal
Nick Smasal
Elizabeth Suskovic
Amy Schlieve
Christopher Stokes
Heidi Smith
Mike Smith
Dory Spence
Tom Spence

T

Philip Towner
Kathleen Towner
Lynne Torgerson

WVWX

Robert Wozniak
Kathryn Wardwell
Michael Wardwell
Jenna Walsh

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Gail Shea

Mother of two, grandmother of four, and a third generation University Club of St. Paul member; Gail Shea is a traveler, and an aficionado of the arts. Ms. Gail Shea was born here in Saint Paul and at the age of twenty-five she moved to New York, where she not only attended Marymount College in Tarrytown studying art history, but where she also met her husband of 50 years, Mr. Stephen Shea who passed away in 2020. Since her move to New York, Ms. Shea has lived a number of years along the east coast line: New York, Pennsylvania, and Connecticut, as well as in Europe: Paris and Germany. Throughout all her life journeys Ms. Shea continued, and continues, to practice the art of sculpture.

What was your job in New York?

I worked at *Park- Bernat Galleries* which was an action house. It was owned by Sotheby's in London. Since then, it's now known as *Sotheby's*. I was in the European Furniture department.

How did you get into sculpturing? Who or what was your influence?

When I finished college I worked for the *Saint Paul Gallery and School of Art*. I took a clay class there in the evenings with Peter Lupori, who also taught at Saint Catherine's. When I had some spare time, I would take a clay class here and there. When I was in Germany, I had some time, and I worked with an excellent woman. Then when we got back to Connecticut, I found Silvermine Art School. When we got to Philadelphia I really started to spend more time doing sculpting.

What's the most beautiful place you've seen?

I love Turkey. If you can come in to Istanbul from the water at night time and see the Hagia Sophia, and the Blue Mosque, it is one of the most spectacular things I've ever seen.



*Pictured: Stephen and Gail Shea
at the Commodore.*

What's the craziest thing you've ever done?

Well, I only knew my husband for six months before I married him, If that's crazy. He was offered a job in Germany, we decided we would get married, we put together a wedding in three weeks for 200 people. That could be the craziest thing I ever did. I had a group of people at the dining table handwriting invitation because we could get them out and in the mail faster than we could get them printed. We did our rehearsal dinner at the University Club. The wedding was down at the Minnesota Club which is now owned by the Minnesota Wild - Herbies on the Park. We left for Germany the next day after the wedding. I also had to quit a job in New York, I had to leave an apartment, and 50 years later we were still married.

What's your favourite activity/activities to do at the Club?

Bridge on Saturdays, I usually like to use the pool during the summer time. I also enjoy yoga with the instructors. Lunch and dinner are nice. Oh, I loved that talk about the royals. It was fabulous. I was with three other woman and we were all saying we wish we didn't have to wait until next year for part two, we wish we could do it right away.

Being a third generation member, what's your fondest memory of the club?

The Terrace room, that used to be open. That used to be a real terrace, and in the summer time they had tables and chairs and music. And it was really, really nice. My rehearsal dinner was in 1970 and the room was open. Sometime after that point it was closed in. It was just so wonderful during the summertime, you could see all over Saint Paul.

My mother's ninth birthday party was here, and that was fun. I was living in Philadelphia, it was her ninth birthday, it was a Sunday, March 11th, 2004. They gave us the Fireside room, the dining room, and the club was closed that day. We had a roast beef dinner.

What's your favorite quote?

"Go joyously and with a light heart as far as you can; and if you cannot always go joyously, go with courage and confidence."

–Saint Francis de Sales (1567-1622).

Any favorite piece at the Club?

The chunk of amethyst. I want a chunk in my garden. I think it would be so great. And of course, it could sit outside forever. Yeah, I love it, I absolutely love it.



Pictured: Sculptures done by Ms. Gail Shea



The Clubs



Cork Club

RSVP online or with the front desk
[www.universityclubofstpaul.com/
member-groups/wine-club](http://www.universityclubofstpaul.com/member-groups/wine-club)



Travel Club

Contact: Sharron Pelham
sharronpelham@gmail.com
[www.universityclubofstpaul.com/
member-groups/travel-club](http://www.universityclubofstpaul.com/member-groups/travel-club)



WWII Club

Contact: Bill Mast
bmast@searchnational.org
[www.universityclubofstpaul.com/
member-groups/world-war-ii-book-club](http://www.universityclubofstpaul.com/member-groups/world-war-ii-book-club)



Bridge Club

Contact: Stephen Rocheford
rocheford@lavendermagazine.com
[www.universityclubofstpaul.com/
member-groups/bridge](http://www.universityclubofstpaul.com/member-groups/bridge)



Great Books Club

Contact: Margaret King
kingmuelken@q.com
[www.universityclubofstpaul.com/
member-groups/great-books-
discussions](http://www.universityclubofstpaul.com/member-groups/great-books-discussions)



Cocktails Club with Solo Vino

Contact: Kelli McDonald
kmcdonald@cwcos.com
[www.universityclubofstpaul.com/
member-groups/cocktail-club](http://www.universityclubofstpaul.com/member-groups/cocktail-club)

Within The Club



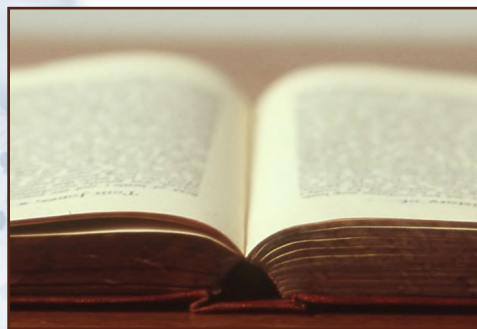
Beyond Tango Dance Club
 Contact: Gibson Batch
gibsonbatch@hotmail.com
www.universityclubofstpaul.com/member-groups/beyond-tango-dance-club



Investment Club
 Contact: Harry Hohman
Harry@hohmanlawfirm.com
www.universityclubofstpaul.com/member-groups/investment-club



Cocktails and Conversations
 Contact Jean Ryan
jean.ryan@gmail.com
www.universityclubofstpaul.com/member-groups/cocktails-and-conversation



Readings by Writers
 Open to the Entire Community
www.universityclubofstpaul.com/member-groups/readings-by-writers



Gardening Club
 Contact: Inez Bergquist
berg003@umn.edu
www.universityclubofstpaul.com/member-groups/gardening-club



FITNESS SCHEDULE

FALL/WINTER
2022/23

MONDAY

6:00am

Total Body Fitness
 with David
 Yoga Studio

7:10am

Yoga + HIIT
 with David
 Yoga Studio

9:00am

Vinyasa Yoga
 with Paula
 Yoga Studio

TUESDAY

WEDNESDAY

6:00am

Total Body Fitness
 with David
 Yoga Studio

7:10am

Yoga + HIIT
 with David
 Yoga Studio

9:00am

Vinyasa Yoga
 with Paula
 Yoga Studio

THURSDAY

FRIDAY

SATURDAY

6:00am

Total Body Fitness
 with David
 Yoga Studio

7:10am

Yoga + HIIT
 with David
 Yoga Studio

9:00am

Vinyasa Yoga
 with Paula
 Yoga Studio



Beaujolais Nouveau Happy Hour

17 November 2022

5pm to 7pm



Thanksgiving Luncheon

24 November 2022

11am to 2pm reservations

Adults \$40 | Children (4-10) \$15

For reservations please visit, call, or email the front desk.

(651) 222 - 1751

Receptionists@universityclubof
stpaul.com



Fall in Saint Paul

A poster for Santa Brunch featuring a gold star at the top, the text "Santa Brunch" in a cursive font, and a gold reindeer at the bottom, all within a gold rectangular frame. The background is a light cream color with gold floral corner accents.

Santa Brunch

Santa Brunch
11 December 2022
10 am to 2pm reservations

For reservations please visit, call, or
email the front desk.

(651) 222 - 1751
[Receptionists@universityclubof
stpaul.com](mailto:Receptionists@universityclubofstpaul.com)

A poster for the Fezziwig Ball with a dark background and a repeating gold fan-like pattern. It features a central illustration of a man in a top hat and a woman in a dress dancing, surrounded by gold geometric patterns.

FEZZIWIG BALL

Fezziwig Ball
16 December 2022
6 pm to 12 am

For reservations please visit, call, or
email the front desk.

(651) 222 - 1751
[Receptionists@universityclubof
stpaul.com](mailto:Receptionists@universityclubofstpaul.com)

A poster for New Year Happy Hour with a dark blue background and a repeating gold geometric pattern. It features an illustration of a man in a tuxedo and a woman in a blue dress celebrating around a clock, with the year "2023" in large gold numbers at the bottom.

WE INVITE YOU

NEW YEAR HAPPY HOUR

New Year Happy Hour

31 December 2022
5pm to 10pm

Exploring Southern

Todd P. Walker



I was recently invited to explore and discover the regional offerings of Southern Indiana...and to my delight there was much to see and experience in an area that I truthfully had not known much about other than it was home to NBA legend Larry Bird. The majority of my time was spent in the areas of Patoka Lake and French Lick. I visited President Lincoln's boyhood home, hit a few wineries and distilleries, went on an amazing cave tour, stopped by a pioneer village, took a spin around the state's largest reservoir, donated some money to

the local casino and topped it all off by taking aim and firing away at sporting clays. These are just a few of the highlights of an area - that I must admit - came as a bit of a surprise for its geographical beauty, unique recreational offerings, luxury accommodations and historical significance, all wrapped up amidst homespun midwestern friendliness with a dash of southern charm.

Should you be planning a future visit to the area or passing through on a road trip... here are my suggestions to Eat, Play and Stay in Southern Indiana.

Indiana

Where to Stay

- West Baden Springs Hotel -

The luxury hotel was built more than a century ago. Once called the “Eighth Wonder of the World,” the focal point of West Baden Springs Hotel is an awe-inspiring atrium that spans 200 feet. The hotel is located close to the stables and a quick trolley ride will take you to the casino and French Lick Springs Hotel. Truly one of the most amazing properties I have stayed at while on a travel assignment. www.frenchlick.com/hotels/westbaden

- Patoka Lake Marina and Lodging -

Available accommodations include houseboats, floating cabins, winery suites, silo suites and cabins. www.patokalakemarina.com



Where to Play

- Patoka Lake Winery -

The winery features over 20 wines including gold medal winners Captains' Chardonnay and Biker's Black and Blue. However, be sure to sample and leave with one or more of their famous 26 varieties of wine infused slushies.
www.patokalakewinery.com/tasting-room

- Lincoln Boyhood National Memorial -

Abraham Lincoln grew from youth to manhood on Southern Indiana soil where his character and moral traits were formed and nurtured. Explore the Lincoln Boyhood National Memorial and learn about the boy who one day would become the leader of the U.S.
www.nps.gov/libo/index.htm

- Marengo Cave Tour -

U.S. National Natural Landmark and Indiana's most visited natural attraction. Embark on the Crystal Palace tour, packed with formations and huge flowstone deposits.
www.marengocave.com/individuals/walking-tours



- French Lick Sporting Clays -

Take aim on a unique challenge at the 75-acre sporting clays range. Fire away at clay targets of various trajectories, speeds, elevations, distances and target sizes.
www.frenchlick.com/hotels/westbaden

- Spring Mill State Park -

Restored in the late 1920s the village has 20 historic buildings to explore. Explore the park's powerful illustration of the link between the natural and cultural worlds. The water flowing from several cave springs led to the founding of an industrial village in the early 1800s. Pioneer entrepreneurs took advantage of a constant water source that never froze, using it to power several gristmills, a wool mill, a saw mill, and a distillery. In turn, pioneer

settlers shaped the landscape around the village, clearing land for agriculture and timber.
www.springmillstatepark.com

- Spa at West Baden -

Encompassing 28,000-square feet in a two-level natatorium layout, Old World luxury and European elegance is seamlessly blended with marble floors, deep chocolate cabinetry and hand-blown glass. Indulge in signature treatments, then use the fitness center and indoor lap pool.
www.frenchlick.com/hotels/westbaden

- French Lick Winery and Spirits -

A family owned and operated winery and vineyard, the French Lick Winery has been producing award winning wines since 1995. Along with operating an on-site cafe and gift shop, the winery has recently ventured into distilling. One of the premiere Southern Indiana wineries is now producing half a dozen products under the Spirits of French Lick moniker including aquavit, absinthe, brandy, vodka and whiskey.
www.spiritsoffrenchlick.com/home

Where to Eat

- The Overlook Restaurant -

The restaurant is uniquely built on a bluff offering a 20-mile panoramic vista of the Ohio River. My suggestion would be to order regional favorite the “Hot Brown”, featuring oven roast turkey served with mornay sauce, bacon and tomato atop toasted white bread;
www.theoverlook.com/



- Upland Brewery -

Located right on the Ohio River with a tri-level patio overlooking the Louisville skyline. The brewery has 20 taps featuring Upland classics, seasonals, sour ales, small-batch innovations, and Naked Barrel Hard Seltzer. Pair your favorite beverage with a well-crafted menu featuring pub classics & creative options for vegetarians.
www.uplandbeer.com/jeffersonville



- Speakeasy Pizza -

Experience this locally owned and operated wood-fired brick oven pizzeria open on the historic congress square.



BOOK

Your Event Today

"Create memories in beautiful spaces"



Commodore



The Saint Paul Athletic Club



W.A. Frost



Stout's Island Lodge



The University Club
of St. Paul



Villa Maria

Submit an inquiry online through
our website under the private
events tab!



Events@cwcos.com
(651) 261-2103