

BERRY, BERRY GOOD

Strawberries, Blueberries, Blackberries, Raspberries
& Banana with 20g Vanilla Whey Protein

PACKED WITH
ANTIOXIDANTS

RASPBERRIES

BLACKBERRIES

STRAWBERRIES

BLUEBERRIES

GOOD SOURCE OF
DIETARY FIBER

BANANA

PROTEIN



“BERRY, BERRY GOOD”

- 6 OZ DR. SMOOTHIE FOUR BERRY BLEND
PURÉE/WATER MIX*
- 4 FREEZE-DRIED BANANA PIECES
(OR 2" FRESH BANANA)
- ½ SCP FREEZE-DRIED BLUEBERRIES
- 1 SCP VANILLA WHEY PROTEIN
- 12 OZ ICE

Nutrition Facts

servings per container

Serving size 20 fl. oz. (591 ml)
(381g)

Amount per serving

Calories 310

% Daily Value*

Total Fat 3g 4%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 55mg 18%

Sodium 65mg 3%

Total Carbohydrate 53g 19%

Dietary Fiber 4g 14%

Total Sugars 33g

Includes 0g Added Sugars 0%

Protein 21g

Vitamin D 0mcg 0%

Calcium 190mg 15%

Iron 1mg 6%

Potassium 516mg 10%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

*NUTRITION PANEL REFLECTS USE OF
A 1:1 PUREE/WATER RATIO