

BODY BUILDER

Your choice of Milk blended with Bone-Strengthening Banana, 5g Muscle-Building Creatine & 40g Vanilla or Chocolate Whey Protein

MILK
BANANA
CREATINE
PROTEIN

NATURALLY BOOSTS
ENERGY

IMPROVES
POWER



“BODY BUILDER”

6 OZ CHOICE OF MILK
1 SCP CREATINE
8 FREEZE-DRIED BANANA PIECES
2 SCPS VANILLA OR CHOCOLATE WHEY PROTEIN
12 OZ ICE

Nutrition Facts	
Serving Size 20 fl. oz. (591 ml)	
Servings Per Container	
Amount Per Serving	
Calories 370	Calories from Fat 30
% Daily Value*	
Total Fat 3g	5%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 85mg	4%
Total Carbohydrate 40g	13%
Dietary Fiber 2g	8%
Sugars 23g	
Protein 46g	
Vitamin A 20%	• Vitamin C 10%
Calcium 25%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	