

COOKIES N' CREAM EXTREME

Your choice of Milk, Low-Fat Vanilla Cream & Chocolate Cookie Bits blended with 20g Chocolate Whey Protein.

MILK

CHOCOLATE

VANILLA CREAM

PROTEIN

CHOCOLATE COOKIE BITS

LOW IN
FAT

HELPS MAINTAIN
HEALTHY WEIGHT



“COOKIES N’ CREAM EXTREME”

6 OZ CHOICE OF MILK
1 SCP COOKIES N’ CREAM
1 SCP CHOCOLATE WHEY PROTEIN
12 OZ ICE
2 ORGANIC SANDWICH COOKIES
(PULSE IN THE END)

Nutrition Facts	
Serving Size 20 fl. oz. (591 ml)	
Servings Per Container	
Amount Per Serving	
Calories 420	Calories from Fat 100
% Daily Value*	
Total Fat 11g	17%
Saturated Fat 5g	25%
Trans Fat 0g	
Cholesterol 5mg	2%
Sodium 290mg	12%
Total Carbohydrate 55g	18%
Dietary Fiber 1g	4%
Sugars 35g	
Protein 28g	
Vitamin A 8%	• Vitamin C 0%
Calcium 25%	• Iron 4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	