

# CRACKER JAX

Choice of Liquid, Sea Salt, Organic Caramel, PB Lite & Oatmeal with 20g Vanilla Whey Protein

GOOD SOURCE OF  
FIBER

SEA SALT

ORGANIC

CARAMEL

PB LITE

OATMEAL

PROTEIN

PROMOTES HEALTHY  
MUSCLES



# “CRACKER JAX”

6 OZ	CHOICE OF LIQUID
1 SCP	PB LITE
1/2 SCP	ROLLED OATS
3/4 SCP	FLAVOR FUSIONS - SEA SALTED CARAMEL
1 SCP	VANILLA WHEY PROTEIN
12 OZ	ICE

## Nutrition Facts

servings per container

Serving size 20 fl. oz. (591 ml)  
(403g)

Amount per serving

**Calories 340**

% Daily Value\*

**Total Fat** 6g 8%

Saturated Fat 1.5g 8%

*Trans* Fat 0g

**Cholesterol** 55mg 18%

**Sodium** 750mg 33%

**Total Carbohydrate** 44g 16%

Dietary Fiber 3g 11%

Total Sugars 29g

Includes 26g Added Sugars 52%

**Protein** 28g

Vitamin D 2mcg 10%

Calcium 312mg 25%

Iron 1mg 6%

Potassium 421mg 8%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.