

# GO GREEN

Crushed Pineapple, Sweet Coconut,  
Potassium-Rich Banana & 'Get Greens'  
blended with 20g Vanilla Whey Protein



PINEAPPLE  
BANANA  
'GET GREENS'  
COCONUT  
PROTEIN

PROMOTES  
DIGESTION

HIGH IN  
VITAMIN C

# “GO GREEN”

- 6 OZ DR. SMOOTHIE PINEAPPLE BLEND  
PURÉE/WATER MIX
- 4 FREEZE-DRIED BANANA PIECES
- 1 SCP VANILLA WHEY PROTEIN
- 1 SCP GET GREENS
- 12 OZ ICE

<b>Nutrition Facts</b>			
Serving Size 20 fl. oz. (591 ml)			
Servings Per Container			
Amount Per Serving			
<b>Calories</b> 360	<b>Calories from Fat</b> 15		
% Daily Value*			
<b>Total Fat</b> 1.5g			<b>2%</b>
Saturated Fat	0g		<b>0%</b>
Trans Fat	0g		
<b>Cholesterol</b> 0mg			<b>0%</b>
<b>Sodium</b> 50mg			<b>2%</b>
<b>Total Carbohydrate</b> 66g			<b>22%</b>
Dietary Fiber	6g		<b>24%</b>
Sugars	52g		
<b>Protein</b> 25g			
Vitamin A 8%		• Vitamin C 60%	
Calcium 4%		• Iron 8%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
	Fat	9	• Carbohydrate 4 • Protein 4