

APPLE ZINGER

Bring your Taste Buds to Life with Crisp Apples & Iron-Rich Spinach blended with Tangy Lemon

APPLES

SPINACH

LEMON

BOOSTS
IMMUNITY

GREAT SOURCE OF
FIBER



“APPLE ZINGER”

8 OZ DR. SMOOTHIE APPLE PUREE/WATER MIX
1 SCP FREEZE DRIED SPINACH
1/4 TSP LEMON EXTRACT
1/4 TSP FREEZE DRIED LEMON
16 OZ ICE

| Nutrition Facts | | | |
|--|---------------------|----------------|------------|
| Serving Size 20 fl. oz. (591 ml) | | | |
| Servings Per Container | | | |
| Amount Per Serving | | | |
| Calories 280 | Calories from Fat 5 | | |
| % Daily Value* | | | |
| Total Fat 0g | | | 0% |
| Saturated Fat | 0g | | 0% |
| Trans Fat | 0g | | |
| Cholesterol 0mg | | | 0% |
| Sodium 70mg | | | 3% |
| Total Carbohydrate 66g | | | 22% |
| Dietary Fiber | 2g | | 8% |
| Sugars | 64g | | |
| Protein 2g | | | |
| Vitamin A 45% | | Vitamin C 20% | |
| Calcium 6% | | Iron 8% | |
| *Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | | | |
| | Calories: | 2,000 | 2,500 |
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |
| Calories per gram: | | | |
| | Fat 9 | Carbohydrate 4 | Protein 4 |