

COCONUT GROVE

Your choice of Milk, Shredded Coconut, Vanilla Bean, Iron-Rich Spinach & Kale blended with 30g Vanilla Whey Protein

MILK

VANILLA BEAN

SPINACH

KALE

SHREDDED
COCONUT

PROTEIN

GREAT SOURCE OF
FIBER

PACKED WITH
VITAMINS A&C



“COCONUT GROVE”

- 6 OZ CHOICE OF MILK
- 1/2 SCP FREEZE DRIED AKALE
- 1/2 SCP FREEZE DRIED SPINACH
- 1 SCP COCONUT FLAKES
- 1/4 TSP VANILLA EXTRACT
- 1 1/2 SCPS VANILLA WHEY PROTEIN
- 12 OZ ICE

Nutrition Facts			
Serving Size 20 fl. oz. (591 ml)			
Servings Per Container			
Amount Per Serving			
Calories 400		Calories from Fat 150	
		% Daily Value*	
Total Fat 17g			26%
Saturated Fat 13g			65%
Trans Fat 0g			
Cholesterol 5mg			2%
Sodium 105mg			4%
Total Carbohydrate 23g			8%
Dietary Fiber 3g			12%
Sugars 11g			
Protein 38g			
Vitamin A 45%		• Vitamin C 25%	
Calcium 25%		• Iron 6%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			