

KALE ME SWEETLY

Tropical Pineapple blended with Banana,
Antioxidant-Filled Kale, Sweet Potato, Oatmeal &
30g Organic Vanilla Whey Protein

RICH SOURCE OF
BETA-CAROTENE

KALE

PINEAPPLE

BANANA

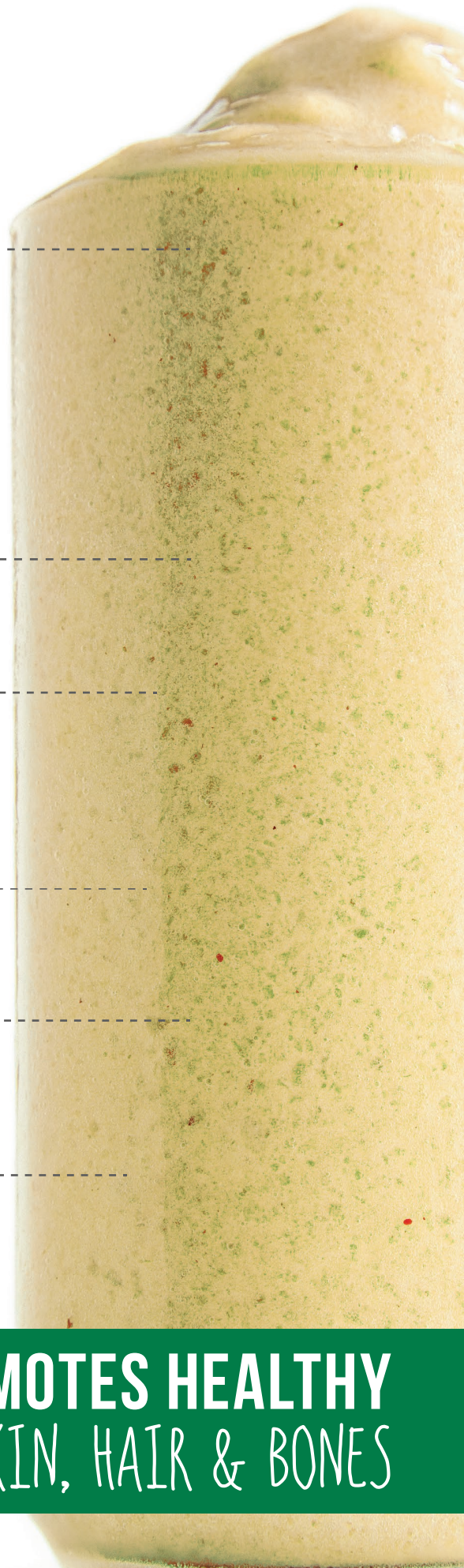
SWEET
POTATO

OATMEAL

ORGANIC
PROTEIN



PROMOTES HEALTHY
SKIN, HAIR & BONES



“KALE ME SWEETLY”

6 OZ	DR. SMOOTHIE ORGANIC PINEAPPLE PURÉE/WATER MIX
4	FREEZE-DRIED BANANA PIECES (OR 3" FRESH BANANA)
1 SCP	FREEZE-DRIED KALE
1 SCP	FREEZE-DRIED SWEET POTATO
1 SCP	OATS
1½ SCPS	ORGANIC VANILLA WHEY PROTEIN
12 OZ	ICE

Nutrition Facts

Serving Size 20 fl. oz. (591 ml)

Servings Per Container

Amount Per Serving

Calories 460 **Calories from Fat** 35

% Daily Value*

Total Fat 4g **6%**

Saturated Fat 1.5g **8%**

Trans Fat 0g

Cholesterol 70mg **23%**

Sodium 110mg **5%**

Total Carbohydrate 72g **24%**

Dietary Fiber 6g **24%**

Sugars 32g

Protein 36g

Vitamin A 100% • Vitamin C 170%

Calcium 20% • Iron 10%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories.	2,000	2,500
Total Fat	Less than		65g	80g
Saturated Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4