

PROBIOTIC POWER

Your choice of Milk blended with Luscious Strawberries, Low-Fat Vanilla Yogurt, 'Get Regular' & 20g Strawberry Whey Protein.
A Powerful Probiotic & Fiber-Rich shake for Superior Gut-Health!

GREAT SOURCE OF
ANTIOXIDANTS

MILK

STRAWBERRIES

VANILLA
YOGURT

GET
REGULAR

PROTEIN

SUPPORTS HEALTHY
DIGESTION



“PROBIOTIC POWER”

3 OZ	DR. SMOOTHIE STRAWBERRY PURÉE/WATER MIX
3 OZ	UNSWEETENED VANILLA ALMOND MILK
1 SCP	YOGURT LOVER’S CHOICE
1 SCP	GET REGULAR
½ SCP	STRAWBERRY WHEY PROTEIN
12 OZ	ICE

Nutrition Facts			
Serving Size 20 fl. oz. (591ml)			
Servings Per Container			
Amount Per Serving			
Calories 320		Calories from Fat 20	
		% Daily Value*	
Total Fat 2g		3%	
Saturated Fat 0g		0%	
Trans Fat 0g			
Cholesterol 5mg		2%	
Sodium 250mg		10%	
Total Carbohydrate 65g		22%	
Dietary Fiber 6g		24%	
Sugars 40g			
Protein 13g			
Vitamin A 4%		Vitamin C 30%	
Calcium 15%		Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
		Calories:	2,000 2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			