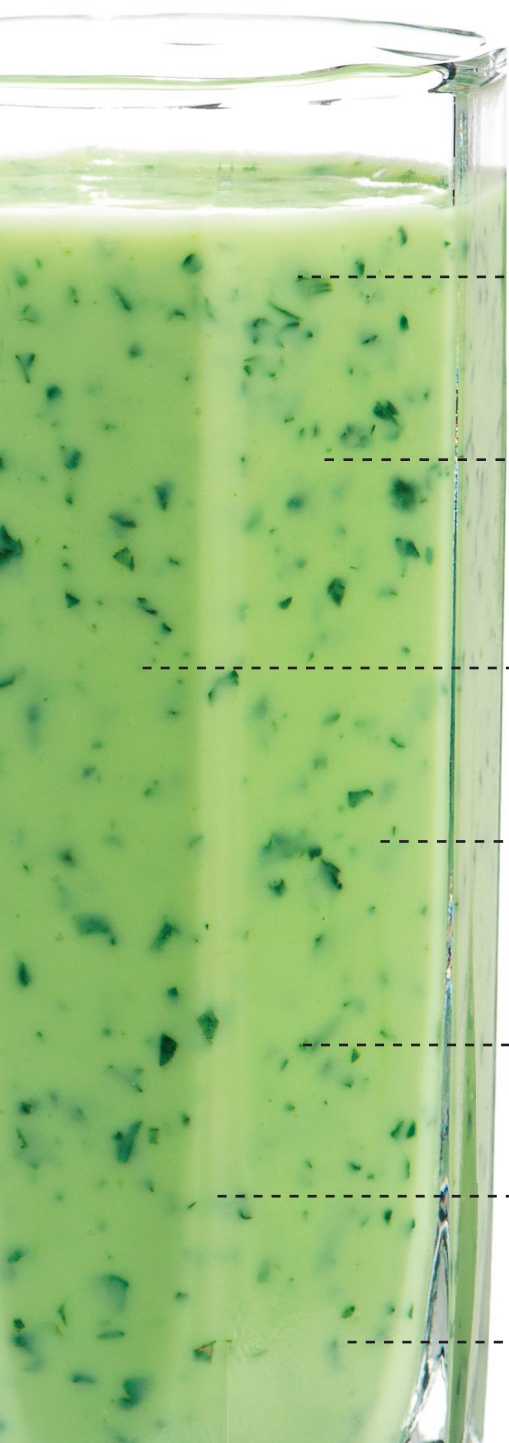


TENDER GREENS

Choice of Liquid, Kale, Spinach, Banana, Flax Seed Oil, Vanilla Bean & Honey with 20g Vanilla Whey Protein



SPINACH

FLAX
SEED OIL

VANILLA

KALE

BANANA

HONEY

PROTEIN

RICH IN
ANTIOXIDANTS

HIGH IN CALCIUM



“TENDER GREENS”

6 OZ	CHOICE OF LIQUID
4	FREEZE-DRIED BANANA PIECES (OR 2" FRESH BANANA)
½ SCP	FREEZE-DRIED KALE
½ SCP	FREEZE-DRIED SPINACH
1 SCP	VANILLA WHEY PROTEIN
3 TSPS	FLAX SEED OIL
3 TSPS	HONEY
¼ TSP	VANILLA EXTRACT
12 OZ	ICE

Nutrition Facts

servings per container

Serving size 20 fl. oz. (591 ml)
(395g)

Amount per serving

Calories **360**

% Daily Value*

Total Fat 17g **22%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 55mg **18%**

Sodium 210mg **9%**

Total Carbohydrate 29g **11%**

Dietary Fiber 1g **4%**

Total Sugars 20g

Includes 17g Added Sugars **34%**

Protein 22g

Vitamin D 2mcg **10%**

Calcium 328mg **25%**

Iron 1mg **6%**

Potassium 531mg **10%**

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.