

BANANA NUT BLAST

Choice of Liquid, Peanut Butter & Banana
with 40g Vanilla Whey Protein

PEANUT BUTTER

BANANA

PROTEIN



PROMOTES STRONG
IMMUNITY

PACKED WITH
POTASSIUM



“BANANA NUT BLAST”

6 OZ	CHOICE OF LIQUID
12	FREEZE-DRIED BANANA PIECES (OR 6" FRESH BANANA)
1 SCP	PEANUT BUTTER
2 SCPS	VANILLA WHEY PROTEIN
12 OZ	ICE

Nutrition Facts

servings per container

Serving size 20 fl. oz. (591 ml)
(431g)

Amount per serving

Calories **520**

% Daily Value*

Total Fat 22g **28%**

Saturated Fat 4.5g **23%**

Trans Fat 0g

Cholesterol 110mg **37%**

Sodium 250mg **11%**

Total Carbohydrate 31g **11%**

Dietary Fiber 5g **18%**

Total Sugars 7g

Includes 0g Added Sugars **0%**

Protein 50g

Vitamin D 2mcg 10%

Calcium 461mg 35%

Iron 1mg 6%

Potassium 949mg 20%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.