

BERRY PEANUT CRUNCH

Unsweetened Vanilla Almond Milk with Crushed Strawberries, PB Lite, More Strawberries & Apple Cinnamon Granola blended with 'Get Energized,' 'Get Berries' & 20g Vanilla Whey Protein

RICH IN
ANTIOXIDANTS

ALMOND
MILK

STRAWBERRIES

PB LITE

APPLE CINNAMON
GRANOLA

GET ENERGIZED

GET BERRIES

PROTEIN

GREAT SOURCE OF
ENERGY



“BERRY PEANUT CRUNCH”

3 OZ	DR. SMOOTHIE STRAWBERRY PURÉE/WATER MIX
3 OZ	UNSWEETENED VANILLA ALMOND MILK
1 SCP	PB LITE
1 SCP	STRAWBERRIES
1 SCP	GET ENERGIZED
1 SCP	GET BERRIES
1 SCP	APPLE CINNAMON GRANOLA
1 SCP	VANILLA WHEY PROTEIN
12 OZ	ICE

Nutrition Facts			
Serving Size 20 fl. oz. (591 ml)			
Servings Per Container			
Amount Per Serving			
Calories 420		Calories from Fat 50	
		% Daily Value*	
Total Fat	6g		9%
Saturated Fat	0g		0%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	95mg		4%
Total Carbohydrate	67g		22%
Dietary Fiber	6g		24%
Sugars	30g		
Protein 29g			
Vitamin A 4% • Vitamin C 70%			
Calcium 10% • Iron 10%			
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			