

CRÈME DE MENTHE

Unsweetened Vanilla Almond Milk with Refreshing Mint, Vanilla Cream, Oatmeal & 'Get Recovered' blended with 20g Vanilla Whey Protein

PACKED WITH
ANTIOXIDANTS

ALMOND
MILK

MINT

VANILLA CREAM

OATMEAL

GET RECOVERED

PROTEIN

GOOD SOURCE OF
FIBER



“CRÈME DE MENTHE”

6 OZ	UNSWEETENED VANILLA ALMOND MILK
1 SCP	VANILLA CREAM (OR YOGURT LOVER'S CHOICE)
1 SCP	OATMEAL
1 SCP	GET RECOVERED
¼ TSP	MINT EXTRACT
1 SCP	VANILLA WHEY PROTEIN
12 OZ	ICE

Nutrition Facts

Serving Size 20 fl. oz. (591 ml)
Servings Per Container

Amount Per Serving

Calories 380 **Calories from Fat** 90

% Daily Value*

Total Fat 10g **15%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 340mg **14%**

Total Carbohydrate 47g **16%**

Dietary Fiber 3g **12%**

Sugars 17g

Protein 25g

Vitamin A 8% • Vitamin C 0%

Calcium 20% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than	65g	80g	
Saturated Fat	Less than	20g	25g	
Cholesterol	Less than	300mg	300mg	
Sodium	Less than	2,400mg	2,400mg	
Total Carbohydrate		300g	375g	
Dietary Fiber		25g	30g	

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4