

HOME RUN

This shake hits it out of the park with Milk, decadent Salted Caramel & nutty PB-Lite blended with 20g Vanilla Whey Protein.

GOOD SOURCE OF
HEALTHY FATS

MILK

**SALTED
CARAMEL**

PB-LITE

PROTEIN

PROMOTES HEALTHY
MUSCLES



“HOME RUN”

| | |
|-------|----------------------|
| 6 OZ | SKIM MILK |
| 1 SCP | SALTED CARAMEL |
| 1 SCP | PB-LITE |
| 1 SCP | VANILLA WHEY PROTEIN |
| 12 OZ | ICE |

Nutrition Facts

Serving Size 20 fl oz
Servings Per Container

Amount Per Serving

Calories 350 **Calories from Fat** 60

% Daily Value*

Total Fat 7g **11%**

Saturated Fat 4g **20%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 440mg **18%**

Total Carbohydrate 42g **14%**

Dietary Fiber 2g **8%**

Sugars 30g

Protein 32g

Vitamin A 8% • Vitamin C 0%

Calcium 25% • Iron 2%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

| | | | |
|--------------------|-----------|---------|---------|
| | Calories: | 2,000 | 2,500 |
| Total Fat | Less than | 65g | 80g |
| Saturated Fat | Less than | 20g | 25g |
| Cholesterol | Less than | 300mg | 300mg |
| Sodium | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate | | 300g | 375g |
| Dietary Fiber | | 25g | 30g |

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4