

MARY JANE

Unsweetened Vanilla Almond Milk with Potassium-Rich Banana, Salted Caramel, Peanut Butter, Oatmeal & Get Youthful blended with 20g Chocolate Whey Protein



ALMOND
MILK

PEANUT BUTTER

BANANA

SALTED
CARAMEL

OATMEAL

PROTEIN

GOOD SOURCE OF
FIBER



PACKED WITH
POTASSIUM

“MARY JANE”

8 OZ	UNSWEETENED VANILLA ALMOND MILK
4	FREEZE DRIED BANANA PIECES (OR 3" FRESH BANANA)
1 SCP	SALTED CARAMEL
1 SCP	NATURAL PEANUT BUTTER
1 SCP	ROLLED OATS
1 SCP	GET YOUTHFUL
1 SCP	CHOCOLATE WHEY PROTEIN
12 OZ	ICE

Nutrition Facts	
Serving Size 20 fl. oz. (591 ml)	
Servings Per Container	
Amount Per Serving	
Calories 570	Calories from Fat 230
% Daily Value*	
Total Fat 25g	38%
Saturated Fat 6g	30%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 540mg	23%
Total Carbohydrate 59g	20%
Dietary Fiber 6g	24%
Sugars 27g	
Protein 32g	
Vitamin A 10%	• Vitamin C 4%
Calcium 25%	• Iron 8%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	