

NUTS & BERRIES

Unsweetened Vanilla Almond Milk with Coconut, Honey, Almond Butter, Lemon & Strawberries blended with 20g Vanilla Plant Protein

CHOCK FULL OF
HEALTHY FATS

ALMOND
MILK

HONEY

COCONUT

ALMOND

BUTTER

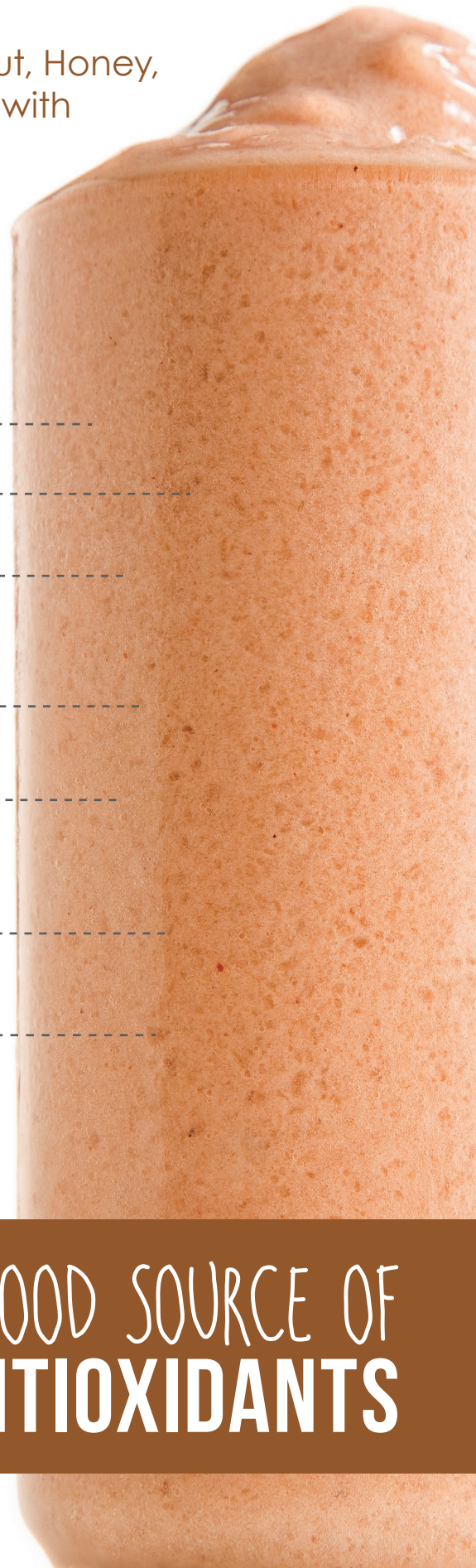
LEMON

STRAWBERRIES

PROTEIN



GOOD SOURCE OF
ANTIOXIDANTS



“NUTS & BERRIES”

8 OZ	UNSWEETENED VANILLA ALMOND MILK
½ SCP	DRIED COCONUT
1 TSP	HONEY
1 SCP	ALMOND BUTTER (OPTIONAL)
½ TSP	FREEZE-DRIED LEMON
2 SCPS	STRAWBERRIES
1 SCP	VANILLA PLANT PROTEIN
12 OZ	ICE

Nutrition Facts			
Serving Size 20 fl. oz. (591 ml)			
Servings Per Container			
Amount Per Serving			
Calories	470	Calories from Fat	250
		% Daily Value*	
Total Fat	28g		43%
Saturated Fat	8g		40%
Trans Fat	0g		
Cholesterol	0mg		0%
Sodium	190mg		8%
Total Carbohydrate	28g		9%
Dietary Fiber	8g		32%
Sugars	12g		
Protein	29g		
Vitamin A	10%	•	Vitamin C 80%
Calcium	30%	•	Iron 15%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
	Fat	9	• Carbohydrate 4 • Protein 4