

TRAIL MIX

Choice of Liquid, Apple Cinnamon Granola, Almond Butter, Raisins & Banana with 30g Vanilla Whey Protein



— — — GRANOLA
— — — BANANA

— — — RAISINS

— — — ALMOND
BUTTER

— — — PROTEIN

NATURALLY BOOSTS
ENERGY

GREAT SOURCE OF
CALCIUM



“TRAIL MIX”

6 OZ	CHOICE OF LIQUID
4	FREEZE DRIED BANANA PIECES (OR 2" FRESH BANANA)
1 SCP	RAISINS
1 SCP	ALMOND BUTTER
1 SCP	APPLE CINNAMON GRANOLA
1½ SCPS	VANILLA WHEY PROTEIN
12 OZ	ICE

Nutrition Facts

servings per container

Serving size 20 fl. oz. (591 ml)
(440g)

Amount per serving

Calories **500**

% Daily Value*

Total Fat 14g **18%**

Saturated Fat 2g **10%**

Trans Fat 0g

Cholesterol 85mg **28%**

Sodium 230mg **10%**

Total Carbohydrate 57g **21%**

Dietary Fiber 5g **18%**

Total Sugars 25g

Includes 0g Added Sugars **0%**

Protein 38g

Vitamin D 2mcg 10%

Calcium 435mg 35%

Iron 3mg 15%

Potassium 764mg 15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.