## ENERGIZE ME

Wake Up & Get Going with Oranges, Tangerines, Banana & 'Get Energized' with 15g Vanilla Protein

# ORANGES TANGERINE GET ENERGIZED PROTEIN

BANANA

PROMOTES HEART HEALTH

HIGH IN FIBER

# "ENERGIZE ME"

6 OZ DR. SMOOTHIE ORANGE TANGERINE

**PURÉE/WATER MIX** 

FREEZE-DRIED BANANA PIECES

(OR 3" FRESH BANANA)

**GET ENERGIZED** 1 SCP

3/4 SCPS VANILLA WHEY PROTEIN

12 OZ **ICE** 

### **Nutrition Facts**

Serving Size 20 fl. oz. (591 ml) Servings Per Container

| Amount Pe | r Serving |
|-----------|-----------|
|           |           |

| Calories 330    | Calories | from Fat 10    |
|-----------------|----------|----------------|
|                 |          | % Daily Value* |
| Total Fat 1.5g  |          | 2%             |
| Saturated Fat ( | Og       | 0%             |
| Trans Fat 0g    |          |                |
| Cholesterol 0mg |          | 0%             |
| Sodium 20mg     |          | 1%             |
| Total Carbohydr | ate 64g  | 21%            |
| Dietary Fiber 2 | g        | 8%             |
| Sugars 51g      |          |                |
| <b>-</b>        |          |                |

### Protein 16g

| Vitamin A 2% | <ul> <li>Vitamin C 80%</li> </ul> |
|--------------|-----------------------------------|
| Calcium 2%   | • Iron 2%                         |

\*Percent Daily Values are based on a 2,000 calorie

diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 Total Fat Less than 80g Saturated Fat Less than 20g Cholesterol Less than 300mg 25g 300mg Less than 2,400mg 2,400mg ate 300g 375g Sodium Total Carbohydrate

Dietary Fiber

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

25g

30g