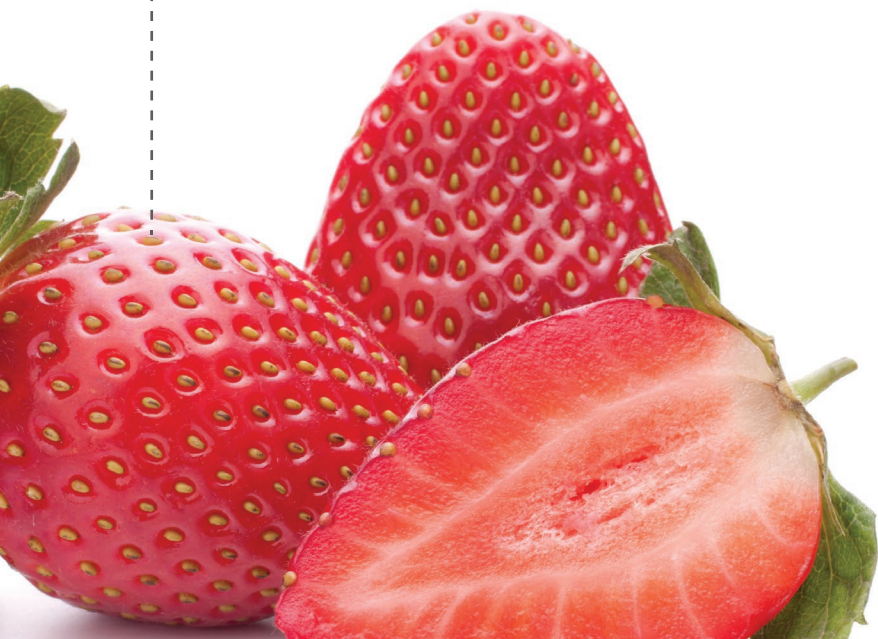


FIREWORKS

Crushed Strawberries, Tangy Lemons,
Whole Strawberries, Blueberries & Lemon Extract
blended with 20g Vanilla Whey Protein

FULL OF
ANTIOXIDANTS

STRAWBERRIES
LEMONS
BLUEBERRIES
PROTEIN



RICH IN
VITAMIN C

“FIREWORKS”

- 3 OZ DR. SMOOTHIE STRAWBERRY PURÉE/WATER MIX
- 3 OZ DR. SMOOTHIE LEMON-ADE PURÉE/WATER MIX
- 1 SCP FREEZE-DRIED STRAWBERRIES
- 1 SCP FREEZE-DRIED BLUEBERRIES
- 1 SCP VANILLA WHEY PROTEIN
- ¼ TSP LEMON EXTRACT
- 12 OZ ICE

Nutrition Facts			
Serving Size 20 fl. oz. (591 ml)			
Servings Per Container			
Amount Per Serving			
Calories 330	Calories from Fat 25		
% Daily Value*			
Total Fat 3g			5%
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 15mg			1%
Total Carbohydrate 58g			19%
Dietary Fiber 3g			12%
Sugars 49g			
Protein 21g			
Vitamin A 2%		Vitamin C 80%	
Calcium 4%		Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			