

PINK LEMON-AID

Crushed Strawberries, Tangy Lemons & Whole Strawberries
blended with 20g Vanilla Whey Protein

PACKED WITH
ANTIOXIDANTS

STRAWBERRIES

LEMON

PROTEIN

GOOD SOURCE OF
VITAMIN C



“PINK LEMON-AID”

2 OZ	DR. SMOOTHIE STRAWBERRY PURÉE/WATER MIX
4 OZ	DR. SMOOTHIE LEMON-ADE PURÉE/WATER MIX
3-4	STRAWBERRIES
1 SCP	VANILLA WHEY PROTEIN
12 OZ	ICE

Nutrition Facts			
Serving Size 20 fl oz			
Servings Per Container			
Amount Per Serving			
Calories 310		Calories from Fat 15	
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			% Daily Value*
Total Fat 1.5g			2%
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 15mg			1%
Total Carbohydrate 55g			18%
Dietary Fiber 2g			8%
Sugars 48g			
Protein 20g			
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Vitamin A 2%		• Vitamin C 70%	
Calcium 2%		• Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			