

ORGANIC PB CUP LITE

Organic Vanilla Soy Milk, Organic Chocolate,
Organic PB-Lite & Organic Vanilla Whey Protein.



ORGANIC VANILLA
SOY MILK

ORGANIC
CHOCOLATE

ORGANIC
PB-LITE

ORGANIC
PROTEIN

HELPS YOUR
MUSCLES GROW



PROMOTES
HEART HEALTH



ORGANIC PB CUP LITE

6 oz
1 SCP
1 SCP
1 SCP
12 oz

ORGANIC VANILLA SOY MILK
CAFE ESSENTIALS ORGANIC CHOCOLATE
ORGANIC PB-LITE
ORGANIC VANILLA WHEY PROTEIN
ICE

ADD INGREDIENTS, ADD ICE, PUSH #4 ON BLENDER

Nutrition Facts			
Serving Size 20 fl. oz. (591 ml)			
Servings Per Container			
Amount Per Serving			
Calories 390		Calories from Fat 60	
		% Daily Value*	
Total Fat	7g		11%
Saturated Fat	2g		10%
Trans Fat	0g		
Cholesterol	50mg		17%
Sodium	140mg		6%
Total Carbohydrate	53g		18%
Dietary Fiber	4g		16%
Sugars	43g		
Protein	33g		
Vitamin A 8%	• Vitamin C 4%		
Calcium 40%	• Iron 10%		
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			