

COOKIE MONSTER

Your choice of Milk & Chocolate Cookie Bits
blended with 10g Chocolate Whey Protein

GHIRARDELLI
CHOCOLATE
MILK
PROTEIN
ORGANIC COOKIES

RICH IN
ANTIOXIDANTS



GREAT SOURCE OF
PROTEIN



“COOKIE MONSTER”

4 OZ CHOICE OF MILK
1 SCP COOKIES N’ CREAM
½ SCP CHOCOLATE WHEY PROTEIN
7 OZ ICE
2 ORGANIC SANDWICH COOKIES
(PULSE IN THE END)

Nutrition Facts

Serving Size 12 fl. oz. (354 ml)
Servings Per Container

Amount Per Serving

Calories 340 **Calories from Fat 90**

% Daily Value*

Total Fat 10g **15%**

Saturated Fat 5g **25%**

Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 260mg **11%**

Total Carbohydrate 50g **17%**

Dietary Fiber 1g **4%**

Sugars 32g

Protein 16g

Vitamin A 6% • Vitamin C 0%

Calcium 15% • Iron 4%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4