

# COOKIE MONSTER +

Choice of Liquid, Organic Sandwich Cookies  
& Yogurt with 10g Vanilla Whey Protein

YOGURT

ORGANIC  
SANDWICH COOKIES

PROTEIN

PACKED WITH  
PROTEIN

EXCELLENT SOURCE OF  
CALCIUM



# “COOKIE MONSTER+”

4 OZ	CHOICE OF LIQUID
1/4 SCP	POWDERED YOGURT
1/2 SCP	VANILLA WHEY PROTEIN
7 OZ	ICE
1	ORGANIC SANDWICH COOKIE (PULSE IN THE END)

## Nutrition Facts

servings per container

Serving size 12 fl. oz. (354 ml)  
(237g)

Amount per serving

**Calories 180**

% Daily Value\*

<b>Total Fat</b> 5g	6%
Saturated Fat 1g	5%
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 30mg	10%
<b>Sodium</b> 200mg	9%
<b>Total Carbohydrate</b> 15g	5%
Dietary Fiber 0g	0%
Total Sugars 8g	
Includes 0g Added Sugars	0%
<b>Protein</b> 15g	
Vitamin D 1mcg	6%
Calcium 248mg	20%
Iron 1mg	6%
Potassium 251mg	6%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.