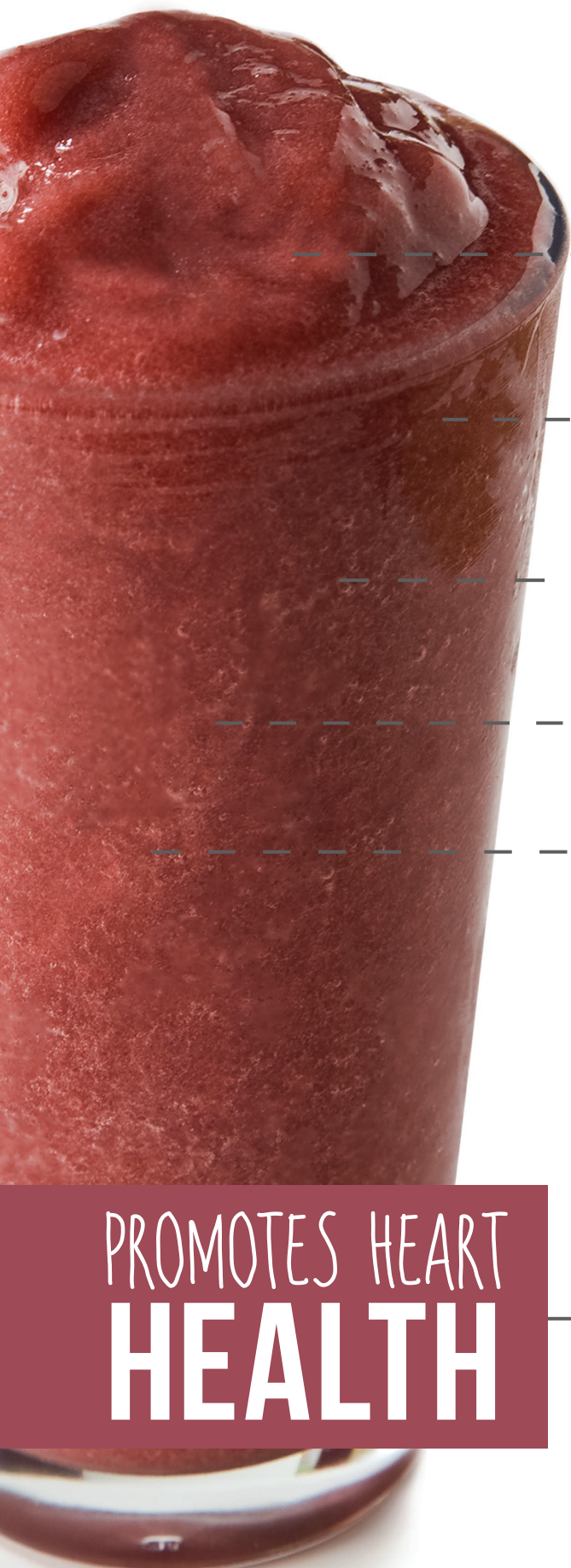




PB & J

Peanut Butter, Raspberries, Strawberries,
Blueberries & Blackberries

— — — **RASPBERRIES**

— — — **BLACKBERRIES**

— — — **STRAWBERRIES**

— — — **BLUEBERRIES**

— — — **PEANUT BUTTER**

HIGH LEVEL OF
ANTIOXIDANTS

PROMOTES HEART
HEALTH



“PB & J”

6 OZ	DR. SMOOTHIE FOUR BERRY BLEND PURÉE/WATER MIX*
1 SCP	FREEZE-DRIED STRAWBERRIES
1/2 SCP	PEANUT BUTTER OR PB LITE
10 OZ	ICE

Nutrition Facts	
servings per container	
Serving size	12 fl. oz. (354 ml) (337g)
Amount per serving	
Calories	270
% Daily Value*	
Total Fat 9g	12%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 48g	17%
Dietary Fiber 4g	14%
Total Sugars 31g	
Includes 0g Added Sugars	0%
Protein 5g	
Vitamin D 0mcg	0%
Calcium 60mg	4%
Iron 1mg	6%
Potassium 378mg	8%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

*NUTRITION PANEL REFLECTS USE OF
A 1:1 PURÉE/WATER RATIO