

MANGO TANGO

This fruity & refreshing shake is packed full of Antioxidants.

MANGOES

BOOST
ENERGY

STRAWBERRIES

BANANA

PINEAPPLE

POWERHOUSE OF
ANTIOXIDANTS



“MANGO TANGO”

- 8 OZ DR. SMOOTHIE MANGO TROPICS
PURÉE/WATER MIX
- 1/4 TSP LEMON EXTRACT OR
FREEZE-DRIED LEMON (OPTIONAL)
- 4 FREEZE-DRIED BANANA PIECES
(OR 3" FRESH BANANA)
- 16 OZ ICE

Nutrition Facts			
Serving Size 20 fl. oz. (591 ml)			
Servings Per Container			
Amount Per Serving			
Calories 310	Calories from Fat 5		
% Daily Value*			
Total Fat 0.5g			1%
Saturated Fat 0g			0%
Trans Fat 0g			
Cholesterol 0mg			0%
Sodium 15mg			1%
Total Carbohydrate 77g			26%
Dietary Fiber 4g			16%
Sugars 69g			
Protein 2g			
Vitamin A 20%		Vitamin C 100%	
Calcium 4%		Iron 2%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
Fat 9 • Carbohydrate 4 • Protein 4			