

TROPICAL OASIS

Sun-Drenched Strawberries, Crushed Pineapple
& Tropical Coconut blended with Banana

MAINTAINS HEALTHY
BLOOD PRESSURE



PINEAPPLE

STRAWBERRIES

COCONUT

BANANA



IMPROVES
DIGESTION

“TROPICAL OASIS”

6 OZ	DR. SMOOTHIE STRAWBERRY PURÉE/WATER MIX
2 OZ	DR. SMOOTHIE PINEAPPLE PARADISE PURÉE/WATER MIX
4	FREEZE-DRIED BANANA PIECES (OR 3" FRESH BANANA)
16 OZ	ICE
3-4	STRAWBERRIES (PULSE IN THE END)

Nutrition Facts		
Serving Size 20 fl. oz. (591 ml)		
Servings Per Container		
Amount Per Serving		
Calories 300	Calories from Fat 5	
% Daily Value*		
Total Fat 0.5g		1%
Saturated Fat 0g		0%
Trans Fat 0g		
Cholesterol 0mg		0%
Sodium 20mg		1%
Total Carbohydrate 75g		25%
Dietary Fiber 4g		16%
Sugars 67g		
Protein 1g		
Vitamin A 2%	• Vitamin C 120%	
Calcium 4%	• Iron 4%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:		
	Calories:	2,000 2,500
Total Fat	Less than	65g 80g
Saturated Fat	Less than	20g 25g
Cholesterol	Less than	300mg 300mg
Sodium	Less than	2,400mg 2,400mg
Total Carbohydrate		300g 375g
Dietary Fiber		25g 30g
Calories per gram:		
Fat 9 • Carbohydrate 4 • Protein 4		